

Love On The Brain

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Ross Brown (ENG) - February 2016
音樂: Love on the Brain - Rihanna : (CD: ANTI - Clean)



Intro : 16 Counts (Approx. 17 Seconds)

CROSS, SIDE, BEHIND, SIDE. SHOULDER PUMPS. JAZZ BOX.

1 & a 2 Cross step left over right, step right to the right, cross step left behind right, step right to the right.

a 3 Pop left shoulder up, pop right shoulder up.

4 & a Cross step left over right, step back with right, step left to the left. (12 O'CLOCK)

CROSS, SIDE, BEHIND, SIDE. SHOULDER PUMPS. JAZZ BOX 3/8 TURN R.

5 & a 6 Cross step right over left, step left to the left, cross step right behind left, step left to the left.

a 7 Pop right shoulder up, pop left shoulder up.

8 & a Cross step right over left, make a 1/4 turn right stepping back with left, make an 1/8 turn right stepping right to the right. (4:30)

STEP, LOCK, STEP. SWEEP 3/8 TURN L. TOUCH, HITCH. SAILOR STEP.

1 & a (Towards diagonal) Step forward with left, lock right behind left, step forward with left.

2 Make a 3/8 turn left sweeping right foot around.

a 3 Touch right toe forward, hitch right knee up drawing it back.

4 & a Cross step right behind left, step left to the left, step right to the right. (12 O'CLOCK)

CROSS, BACK 1/4 TURN L, PLACE. WALTZ BASIC 1/2 TURN L. PIVOT 1/2 TURN L, SWEEP. SAMBA 1/8 TURN R.

5 & a Cross step left over right, make a 1/4 turn left stepping back with right, step left next to right.

6 & a Step back with right, make a 1/2 turn left stepping forward with left, step forward with right.

7 Pivot a 1/2 turn left and sweep right foot forward.

8 & a Cross step right over left, step left to the left, make an 1/8 turn right stepping right next to left. (10:30)

[DIAGONAL] RUN FORWARD X4. STEP, PIVOT 1/2 TURN R. PRISSY STEP, SIDE ROCK.

1 & a 2 (Towards diagonal) Run forward; left, right, left, right.

a 3 Step forward with left, pivot a 1/2 turn right.

4 & a Step forward and slightly across with left, rock right to the right, recover onto left. (4:30)

[DIAGONAL] RUN FORWARD X4. STEP, PIVOT 1/2 TURN L. PRISSY STEP, SIDE ROCK.

5 & a 6 (Towards diagonal) Run forward; right, left, right, left.

a 7 Step forward with right, pivot a 1/2 turn left.

8 & a Step forward and slightly across with right, rock left to the left, recover onto right. (10:30)

CROSS, RUN BACK 1/4 TURN L. STEP 3/8 TURN L, SWEEP 1/2 TURN L. BEHIND 1/4 TURN R, SIDE, CROSS.

1 & a 2 Cross step left over right, make a 1/4 turn left running back; right, left, right.

a 3 Make a 3/8 turn left stepping forward with left, make a 1/2 turn left stepping back with right sweeping left foot around.

4 & a Make a 1/4 turn left stepping left behind right, step right to the right, cross step left over right. (6 O'CLOCK)

SIDE, BACK ROCK, LEAN/PREP STEP. STEP 1/4 TURN R, SWEEP 1/2 TURN R. SAILOR 1/4 TURN R.

5 & a Step right to the right, rock back with left, recover onto right.

6 Step left to the left leaning weight out and prepare to turn.

a 7 Make a 1/4 turn right stepping forward with right, make a 1/2 turn right stepping back with left sweeping right foot around.

8 & a Make a $\frac{1}{4}$ turn right stepping right behind left, step left to the left, step right to the right.(6
O'CLOCK)

END OF DANCE!

Contact: ross-brown@hotmail.co.uk
