

Sylvia

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Diana Dawson (UK) - February 2016
音樂: Sylvia's Mother - Mike Denver : (CD: The Galway Boy. - iTunes & Amazon)



Choreographers note: This is an up-beat version of the Dr Hook song from way back!
Thank you to Nigel Slater and Hayden Allen (UK Country Artistes) for bringing this song to my attention.
Nigel has also recorded it on his album Love's Standing (Right in front of me) available at his gigs

8 Count Intro - CCW direction

S1: □ Walk forward Right-Left, Side Rock, Back Rock, Rock & Cross, Triple threequarter turn

1-2 Walk forward on Right. Walk forward on Left
3&4& Rock Right to Right side, recover onto Left. Rock Right back, recover onto Left
5&6 Rock Right to Right side. Recover onto Left. Cross Right over Left
7&8 Triple step three-quarter turn Right stepping Left, Right, Left □ [facing 9 o'clock]

S2: □ Mambo forward, Coaster step, Step, Pivot Half turn, Step, Full turn Triple forward

1&2 Rock forward on right. Recover onto Left, Step Right beside Left
3&4 Step back on Left. Step Right beside Left. Step forward on Left
5&6 Step forward on Right. Pivot half turn Left. Step forward on Right
7& Half turn Right stepping back on Left. Half turn Right stepping forward on Right
8 Step forward on Left □ □ □ □ □ □ [facing 3 o'clock]

Easy Option for count 7&8 – Left shuffle forward stepping Left, Right, Left

S3: □ Rock forward & side & back & step, Rock forward & side & back & step

1& Rock forward on Right, recover onto Left.
2& Rock Right to Right side, recover onto Left
3&4 Rock back on right. Recover onto Left. Step forward on Right
5& Rock forward on Left. Recover onto Right.
6& Rock Left to Left side. Recover onto Right
7&8 Rock back on Left. Recover onto Right. Step forward on Left

S4: □ Rock forward & Half turn, Shuffle forward, Right side mambo, Left side mambo

1&2 Rock forward on Right. Recover onto Left. Half turn Right stepping forward onto Right [facing 9 o'clock]
3&4 Left shuffle forward stepping Left, Right, Left
5&6 Rock right to right side. Recover onto Left. Step Right beside Left
7&8 Rock Left to Left side. Recover onto Right. Step Left beside Right

Start again □

A bit of fun Styling

On Walls 3, 6 & 7 at Section 4, when the words in the song are "Goodbye – Goodbye...."

Wave "goodbye" with the Right hand on steps 1&2 (the half turn)

Wave "goodbye" with the Left hand on steps 3&4 (the Left shuffle forward)

Wave "goodbye" with the Right hand on steps 5&6 (Right side mambo)

Wave "goodbye" with the Left hand on steps 7&8 (Left side mambo)

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