

Feeling United

拍數: 48 牆數: 4 級數: Intermediate
編舞者: United Dancer 2016 - January 2016
音樂: I Feel Good - Thomas Rhett



The dance starts after 16 counts.

S1: □WALK, WALK, KICK BALL POINT X2, CROSS, BACK, SIDE,

1-2 step right forward (1), step left forward (2)
3&4 kick right forward (3), step right next to left foot (&), point left to left side (4)
5&6 kick left forward (5), step left next to right foot (&), point right to right side (6)
7&8 cross right over left (7), step left back (&), step right to right side (8)

S2: □CROSS, SIDE, SAILOR ¼ TURN L, TURNING TOE STRUTS ½ L 2X

1-2 cross left over right (1), step right to right side (2)
3&4 make ¼ turn left with a step left behind right (3), step right next to left (&), step left forward (4)
(9 o'clock)
5-6 touch right toe forward (5), drop right heel while making ½ turn left (6) (3 o'clock)
7-8 touch left toe backward (7), drop left heel while making ½ turn left (8) (9 o'clock)

(Restart: Wall 6)

S3: □WALK, WALK, ANCHOR STEP, ½ TURN L, ¼ TURN L, SAILOR STEP

1-2 step right forward (1), step left forward (2)
3&4 lock right behind left (3), recover weight on the left (&), step back on right (4)
5-6 turn ½ L stepping left forward (5) (3 o'clock), turn ¼ stepping right to right side (6) (12 o'clock)
7&8 cross left behind right (7), step right to right (&), step left back center (8)

S4: □SAILOR STEP, HIP ROLL, STEP, HITCH, SLIDE, TOUCH

1&2 cross right behind left (1), step left to left (&), step right back center (2)
3-4 roll hip from right to left side (weight on left foot) (3-4)
5-6 step right to right diagonal (5), hitch left foot (6)
7-8 make a big step with left to diagonal (7), drag right and touch next to left (8)

S5: □TOE STRUT 2X, MAMBO ½ TURN, PADDLE ¼ TURN, PADDLE ½ TURN

1-2 touch right toe forward (1), drop right heel (2)
3-4 touch left toe forward (3), drop left heel (4)
5&6 rock right forward (5), recover on left (&), make ½ turn R stepping right forward (6) (6 o'clock)
7-8 ¼ turn R with point to left side (9 o'clock), ½ turn R with point to left side (3 o'clock)

S6: □SAMBA STEP 2X, BRUSH OUT OUT, SWAY SWAY, BALL

1&2 cross left over right (1), rock right to right side (&), recover on left (2)
3&4 cross right over left (3), rock left to left side (&), recover on right (4)
5&6 brush left forward (5), step left out (&), step right out (6)
7-8& sway hip to left (7), sway hip to right (8), step left next to right (&)

Tag: □after wall 2 (until count 48 without &)

STEP, TOUCH, STEP, TOUCH, STEP, HOLD

1-2 step left to left side (1), touch right next to left and snap (2)
3-4 step right to right side (3), touch left next to right and snap (4)
5 (&6) □step left to left side (5), shrug shoulders (&6)
7-8 hold (7), hold (8)

Restart: wall 6 after count 16

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