

Broken Heels

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Nina Chen (TW) - February 2016
音樂: Broken Heels (Single Mix) - Alexandra Burke



Intro: 32 counts

S1. R&L STRUT - JAZZ BOX WITH 1/4 TRUN R

1-4 Touch R toe fwd - Drop R heel - Touch L toe fwd - Drop L heel
5-8 Cross RF over LF - 1/4 trun R (3:00) step LF back - Step RF to R - Step LF fwd

S2. R&L HEEL SWITCH - HEEL SPLITS x2

1-4 Touch R heel fwd - Step RF beside LF - Touch L heel fwd - Step LF beside RF
5-8 Keeping toe together split heels apart.x2

S3. R CHASSE - ROCK - RECOVER - L CHASSE - ROCK - RECOVER

1&2,3-4 Step RF to R - Step LF next to RF - Step R to R side - Rock LF back - Recover onto RF
5&6,7-8 Step LF to L - Step RF next to LF - Step LF to L - Rock RF back - Recover onto LF

S4. FWD PIVOT 1/2 TURN L x2 - HEEL OUT OUT - STEP IN IN

1-4 Step RF fwd - Pivot 1/2 turn L (9:00) - Step RF fwd - Pivot 1/2 turn L (3:00)
5-8 Step R heel diagonal fwd (out) - Step L heel diagonal fwd (out) - Step RF back (in) - Step LF beside RF (in)

Tag: After 7th wall (9:00)

CROSS - HOLD - 3/4 UNWIND TRUN L

1-4 Cross RF over LF - Hold - 3/4 unwind trun L (2 counts) (12:00)

Have Fun & Happy Dancing!

Contact Nina Chen: nina.teach.dance@gmail.com
