

I Hear Your Heart (zh)

COPPER KNOB
STEPPERS

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Ryan Hunt (UK) - 2010年11月
音樂: Heart Vacancy - The Wanted : (3:43)



前奏 : Intro: Start After 16 Counts On Vocals.

第一段 Side, Behind ¼ Side, Behind ¼ Forward, Rock Recover, Back, Back, Back

- 1 Step L To L Side 左足左踏
- 2&3 Cross R Behind L, Make ¼ Turn L Stepping Forward On L, Step R To R Side (9) 右足於左足後交叉踏, 左轉90度左足前踏, 右足右踏(面向9點鐘)
- 4&5 Cross L Behind R, Make ¼ Turn R Stepping Forward On R, Step Forward On L (12) 左足於右足後交叉踏, 右轉90度右足前踏, 左足前踏(面向12點鐘)
- 6-7 Rock Forward On R, Recover Back On L 右足前下沉, 左足回復
- 8&1 Step Back On R, Step Back On L, Take A Slightly Bigger Step Back On R Dragging L 右足後踏, 左足後踏, 右足後一大步左足拖併

第二段 Coaster Cross, Point Full Turn, Side, 1/8 Back, Back ¼ Forward

- 2&3 Step Back On L, Close R Next To L, Cross L Over R
左足後踏, 右足併踏, 左足於右足前交叉踏
- 4-5 Point R To R Side, Monterey Full Turn R Stepping R In Place (12)
右足右點, 重心在右足右轉圈(面向12點鐘)
- 6-7 Step L To L Side, Step Back On R Making 1/8 Turn R (1.30)
左足左踏, 右足後踏右轉45度(面向1:30)
- 8&1 Step L Back, Make ¼ Turn R Stepping R To R Side, Step Forward On L (4.30) 左足後踏, 右轉90度右足右踏, 左足前踏(面向4:30)

第三段 ½ Back, Back Lock Step, Back, ¼ Forward, Step Forward, Mambo Step

- 2 Make ½ Turn L Stepping Back On R (10.30)
左轉180度右足後踏(面向10:30)
- 3&4 Step L Back, Lock R Across L, Step L Back
左足後踏, 右足於左足前鎖踏, 左足後踏
- 5-7 Step Back On R, Make ¼ Turn L Stepping Forward On L, Step Forward On R (7.30) 右足後踏, 左轉90度左足前踏, 右足前踏(面向7:30)
- 8&1 Rock Forward On L, Recover Back On R, Step Back On L
左足前下沉, 右足回復, 左足後踏

第四段 Sway Back, Sway Forward, Step Rock Sweep, Behind, Turn, Pivot Full Turn

- 2-3 Rock Back On R Foot Swaying Back, Recover Forward Onto L Foot Swaying Forward 右足後下沉後擺臀, 左足回復前擺臀
- 4&5 Step Forward On R, Quick Rock Forward With L, Recover Back Onto R Sweeping L From Front To Back
右足前踏, 左足前下沉, 右足回復左足由前繞至後
- 6-7 Cross L Behind R, Make 3/8 Turn R Stepping Forward On R (12)
左足於右足後交叉踏, 右轉135度右足前踏(面向12點鐘)
- 8&1 Step Forward On L, Pivot ½ Turn R, Make ½ Turn R Stepping Back On L (12)
左足前踏, 右軸轉180度, 右轉180度左足後踏(面向12點鐘)

第五段 Step Back, Coaster Step, Tap, Side Rock Back, Side Cross Rock

- 2 Step Back On R Foot 右足後踏
- 3&4& Step Back On L, Close R Next To L, Step Forward On L, Tap R Toes Next To L Foot 左足後踏, 右足併踏, 左足前踏, 右足趾併點

5-6& Step R To R Side, Cross Rock L Behind R, Recover On R
右足右踏, 左足於右足後交叉踏, 右足回復

7-8& Step L To L Side, Cross Rock R Across L, Recover On L
左足左踏, 右足於左足前交叉踏, 左足回復

第六段 ¼ Forward, ½ Back, Coaster Step, Walk, Walk, Cross ¼ Side Cross

1-2 Make ¼ Turn R Stepping Forward On R, Make ½ Turn R Stepping Back On L (9) 右轉90度右足前踏, 右轉180度左足後踏(面向9點鐘)

3&4 Step R Back, Close L Next To R, Step Forward On R
右足後踏, 左足併踏, 右足前踏

5-6 Walk Forward On L, Walk Forward On R 左足前走, 右足前走

7&8& Cross L Over R, Make ¼ Turn L Stepping Back On R, Step L To L Side, Cross R Over L (6)
左足於右足前交叉踏, 左轉90度右足後踏, 左足左踏, 右足於左足前交叉踏(面向6點鐘)

One Restart:

On Wall 5, Dance To Count 7 Of Section 4, And Then Dance The Pivot Full Turn For 8&1 But Instead Of Stepping Back On The L, Step The L To The L Side As You Come Out Of The Turn For The First Step Of The Dance.
第五面牆跳至第四段第7拍後, 右轉圈接第1拍左足左踏, 從頭起跳

Ending: Keep Dancing At The Very End When The Beat Drops And You Will Finish Facing The Front Wall After The Second Section!

結束: 繼續跳到音樂全部結束時, 會到第二段面向前面牆結束
