

Secret Garden

COPPERKNOB
BY STEPHEN

拍數: 84 牆數: 1 級數: Phrased Intermediate waltz
編舞者: Diana Liang (CN) - February 2016
音樂: Nocturne (Slow Waltz / 29 Bpm) - Bodane



Start: on 24 second after the bling sound - Sequence: ABTAA*B

Dance A: 54 counts

A[1-6] Left diagonal full turn to 10:30, hesitation

1 2 3 (1) LF side 1/8 L turn to 10:30, (2) RF forward 1/2 L turn, (3) LF back
4 5 6 (4) RF back, (5) 1/4 L turn LF side, (6) weight on LF, hold, with option of stretching upper body to left side, weight on LF (facing 1:30)

A[7-12] Right diagonal full turn, hesitation

1 2 3 (1) RF side 1/4 R turn facing 4:30, (2) LF forward 1/2 right turn, (3) RF back
4 5 6 (4) LF back heel to 3, (5) R turn RF side (facing 12), (6) weight on RF, hold, with option of stretching upper body to right side

A[13-18] L 5/8 turn, lock step

1 2 3 (1) LF forward, (2) RF forward, (3) L Turn 5/8 (to 7:30), close LF to RF and change weight to LF
4 5 & 6 (4) RF forward, (5) LF forward, (&) RF lock behind LF (6) LF forward

A[19-24] Change direction, basic step

1 2 & 3 (1) RF forward toe to 9, (2) Right turn facing 10:30 and LF side, (&) RF brush LF, weight on L, (3) RF side toe to 12 and weight on RF
4 5 6 (4) LF side, facing 12 clock, (5) RF back, (6) close LF beside RF, weight on LF

A[25-30] Right full turn, hesitation

1 2 3 (1) RF side 1/4 R turn, (2) LF forward with 1/2 R turn, (3) RF back
4 5 6 (4) LF back, (5) 1/4 R turn RF side, weight on RF, (6) hold, with option of stretching upper body to right side, weight on RF

A[31-36] Left full turn, hesitation

1 2 3 (1) LF side 1/4 L turn, (2) RF forward with 1/2 L turn, (3) LF back
4 5 6 & (4) RF back, (5) 1/4 L turn LF side, weight on LF, (6) hold, with option of stretching upper body to left side, (&) drag RF to beside LF and change weight to RF

A[37-42] 1/2 L cross turn, basic

1 2 3 (1) LF forward, (2) 1/4 L turn RF side, (3) 1/4 L turn and cross LF in front of RF, weight on LF, facing 6
4 5 6 (4) RF back, (5) LF back with heel to 3, (6) R turn to 10:30 with RF close to beside LF, RF takes weight

A[43-48] Double reverse spin, basic step

1 2 & 3 & (1) LF back, (2) RF back with heel to 1:30, (&) LF close to RF and 1/2 L turn to 4:30, (3) RF forward and 1/4 L turn, (&) 1/4 L turn and cross LF in front of RF, facing 10:30, weight on LF
4 5 6 (4) RF back, (5) LF foot back with heel to 6, (6) close RF to beside LF and weight on RF

A[49-54] 2 basics (forward and backward)

1 2 3 (1) LF forward, (2) RF close beside L, (3) change weight to LF
4 5 6 (4) RF back, (2) LF close beside RF, (3) change weight to RF

Dance B: 30 counts

B[1-6] ½ L cross turn, basic

- 1 2 3 (1) LF forward, (2) ¼ L turn RF side, (3) ¼ L turn and cross LF front RF, facing 6, weight on LF
- 4 5 6 (4) RF back, (5) LF back heel to 3, (6) ¼ R turn and close RF beside LF, weight on RF, facing 9

B[7-12] 2 quick cross L turn, basic

- 1 2& 3& (1) LF forward toe to 7:30, (2) L turn to 6 and RF side (on toe), (&) cross LF in front of RF (on toe), facing 4:30, weight on LF (toe), (3) RF(toe) back to 10:30, (&) cross LF(toe) in front RF, weight on LF(not toe), facing 3
- 4 5 6 (4) RF back, (5) LF back, (6) ¼ R turn and close RF beside LF, weight on RF, facing 6

B[13-18] ½ L cross turn, basic

- 1 2 3 (1) LF forward, (2) ¼ L turn RF side, (3) ¼ L turn and cross LF front RF, facing 12, weight on LF
- 4 5 6 (4) R back, (5) L back heel to 7:30, (6) R turn to facing 1:30 and close RF beside LF, weight on RF

B[19-24] 2 quick cross L turn, basic

- 1 2& 3& (1) LF forward toe to 12, (2) ¼ L turn and RF side to 10:30, (&) cross LF in front RF (on toe), (3) RF back heel outwards to 3, (&) L turn and cross LF in front RF, facing 7:30, weight on LF
- 4 5 6 (4) RF back heel to 12, (5) L turn to 6 and LF side, (6) close RF beside LF, weight on RF, facing 6

B[25-30] ½ L cross turn, basic

- 1 2 3 (1) LF forward, (2) ¼ L turn RF side, (3) ¼ L turn and cross LF in front RF, facing 12, weight on LF
- 4 5 6 (4) RF back, (5) LF back, (6) RF close beside LF, weight on RF**

Tag: 3 counts**[1-3] LF slide side and back**

- 1 2 3 (1) LF slide side out, bend right knee, (2) hold, (3) close LF beside RF, weight on R on all three counts

* The 3rd A: Dance parts are [(1-24) + (37-48)]; however, for the 4 5 6 of [19-24], there is no weight change on 6th count, to connect counts of A's 37-48.

**The ending, or the counts 4 5 6 of [25-30] of 2nd B: (4) RF back, (5) LF side, (6) hold, stretch upper body to Left.

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