

You're Dynamite

拍數: 64 牆數: 4 級數: Improver
編舞者: Tina Argyle (UK) - February 2016
音樂: You're Dynamite - Peter Stothard : (Single - iTunes)



Count In : 16 counts from start of track on the word "minute"

S1: Monterey ½ Turn. Monterey ¼ Turn.

- 1 - 4 Point right to right side, make ½ turn right stepping right at side of left, point left to left side.
Step left in place. (6 o'clock)
- 5 - 8 Point right to right side, make ¼ turn right stepping right at side of left, point left to left side.
Step left in place. (9 o'clock)

S2: ½ Pivot Turn with Holds & Finger Clicks . ¼ Pivot Turn with Holds & Finger Clicks

- 1 - 4 Step fwd right Hold and click, make ½ pivot turn onto left, Hold and click (3 o'clock)
- 5 - 8 Step fwd right Hold and click, make ¼ pivot turn onto left, Hold and click (12 o'clock)

S3: Heel Strut Fwd x2. Right Fwd Rock, Side Rock. Shuffle Back, Hitch, Coaster Step.

- 1&2& Touch R heel fwd, drop R heel to floor taking weight. Touch L heel fwd, drop L heel to floor taking weight.
- 3&4& Rock fwd right, Recover, Rock right to right side, Recover
- 5&6& Step back right, close left at side of right, step back right. Hitch left knee.
- 7&8 Step back left, step right at side of left, step forward left.

***** Re-Start here Wall 4 facing 9 o'clock *****

S4: R Heel Touch Fwd. L Toe Touch Side. R Side Rock, Tap R x 2 – Repeat Steps 1 - 4&

- 1&2& Touch right heel fwd, Step right at side of left. Touch left toe to left side, Step left at side of right.
- 3&4& Rock right to right side, Recover. Tap right at side of left twice.
- 5&6& Touch right heel fwd, Step right at side of left. Touch left toe to left side, Step left at side of right.
- 7&8& Rock right to right side, Recover. Tap right at side of left twice.

S5: Right Vine Cross, Side Rock Cross, Hold.

- 1 - 4 Step right to right side, Cross left behind right, Step right to right side, Cross left over right
- 5 - 8 Rock right to right side, recover, Cross right over left, Hold

S6: Left Vine Cross. Half Rumba Box Back

- 1 - 4 Step left to left side, Cross right behind left, Step left to left side, Cross right over left
- 5 - 8 Step left to left side, Step right at side of left, Step back left, Hold

S7: R Lock Back. Coaster Step, Together. L Fwd Rock, Recover, Side Rock, Recover. L Coaster Step, Touch

- 1&2 Step back right, lock left over right, step back right
- 3&4& Step back left, Step back right at side of left, Step fwd left, Step right at side of left
- 5&6& Rock fwd left, Recover, Rock left to left side, Recover
- 7&8& Step back left, Step back right at side of left, Step fwd left, Touch right at side of left

S8: R Double Kick Across. Side Step, Touch. ¼ Turn Hitch, ½ Turn Hitch. Shuffle Fwd. Jazz Box Cross

- 1&2& Low kick right across left shin twice, Step right to right side, Touch left at side of right
- 3&4& ¼ turn left stepping fwd left, hitch right knee. Step down right make ½ turn left on ball of right, hitching left (3 o'clock)
- 5&6 Step fwd left, Close right at side of left, Step fwd left
- 7&8& Cross right over left, Step back left, Step back right, Cross left over right.

Many thanks to Pete Stothard for asking me to write to this track :-)

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Last Update - 22nd Feb. 2016
