

Love Yourself

拍數: 32 牆數: 4 級數: Improver
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音樂: Love Yourself - Justin Bieber



Tag: 16 Counts 2x after Wall 8 - Contra Clockwise, WCS

Section 1 □ - Walk, Walk, Out, Out, Hold, Ball Cross Point, Hold

- 1 RF □ Walk Forward
- 2 LF □ Walk Forward
- 3 RF □ Step to Right
- 4 LF □ Step to Left
- 5 Hold
- & LF □ Next to RF
- 6 RF □ Step cross over LF
- 7 LF □ Point left
- 8 Hold

Section 2 - Behind, ¼ Turn Right Step Forward, Point, Back 3x, Together

- 1 LF □ behind RF
- 2 RF □ ¼ Turn Right, RF Step Forward
- 3 LF □ Step Forward
- 4 RF □ Point in Front
- 5 RF □ Step Back
- 6 LF □ Step Back
- 7 RF □ Step Back
- 8 LF □ Next to RF

Section 3 - Full Turn to Right, Touch Together, Full Turn to Left, Touch Together

- 1 RF □ ¼ Turn Right Step Forward
- 2 LF □ ¼ Turn Right Step Left
- 3 RF □ ½ Turn Right Step Right
- 4 LF □ Touch by RF and Snip your Fingers
- 5 LF □ ¼ Turn Left Step Forward
- 6 RF □ ¼ Turn Left Step Right
- 7 LF □ ½ Turn Left Step Left
- 8 RF □ Touch by LF and Snip your Fingers

Section 4 - Hip Lift 2x, Step ½ Turn Left, Walk in Place 2x

- 1 RF □ Touch in Front, Hip Move up
- 2 RF □ Step Forward
- 3 LF □ Touch in Front, Hip Move up
- 4 LF □ Step Forward
- 5 RF □ Step in Front
- 6 RF □ ½ Turn Left, Wight on LF
- 7 RF □ Step Next to LF
- 8 LF □ Step Next to RF

TAG, Dance Twice, after Wall 8

Kick Ball Sweep, Cross Side Behind, Hip Bump Together, Step Turn Right

- 1 RF □ Kick in Front
- & RF □ Step Forward

- 2 LF□Sweep to the Front
- 3 LF□Step Cross RF
- & RF□Step Right
- 4 LF□Step Behind RF
- 5 RF□Touch Right, Hip Bump Right
- 6 RF□Next to LF
- 7 LF□Step in Front
- 8 LF□½ Turn Right, Wight on RF

Kick Ball Sweep, Cross Side Behind, Hip Bump Together, Step Turn Left

- 1 LF□Kick in Front
- & LF□Step Forward
- 2 RF□Sweep to the Front
- 3 RF□Step Cross LF
- & LF□Step Left
- 4 RF□Step Behind LF
- 5 LF□Touch Left, Hip Bump Left
- 6 LF□Next to RF
- 7 RF□Step in Front
- 8 RF□½ Turn Left, Wight on LF

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