

Tell Me Ma

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Claire Denney (CAN) - January 2016
音樂: Tell Me Ma - Sham Rock



Choreographed for OK Falls teen night January 2016

32 count intro

Step, Kick, Step, Kick, Sit Down, Up, Down, Up

1- 2 Step right, Left kick forward
3 - 4 Step left, Right kick forward
5 Touch right toe forward 1:00 and sit down (weight left)
6 - 8 Stand up, Sit down, Stand up (these are a small down/up)

Right Side, Together, Side, Back Rock, Recover (this is called a Lindy)

Left Side, Together, Side, Back Rock, Recover (this is called a Lindy)

1 & 2 Step right, Step left beside right, Step right
3 - 4 Left rock behind right, Recover weight on to right
5 & 6 Step left, Step right beside left, Step left
7 - 8 Right rock behind left, Recover weight on to left

Shuffle Forward Four Times On The Diagonals

1 & 2 Step right forward 1:00, Step left beside right, Step right beside left
3 & 4 Step left forward 11:00, Step right beside left, Step left beside right
5 & 6 Step right forward 1:00, Step left beside right, Step right beside left
7 & 8 Step left forward, 11:00, Step right beside left, Step left beside right

Step Forward, 1/4 Turn Left, Step Forward, 1/4 Turn Left, Rocking Chair

1 - 2 Right toe step forward, Step 1/4 turn left (weight on left)
3 - 4 Right toe step forward, Step 1/4 turn left (weight on left)
5 - 6 Right rock forward, Recover on to left
7 - 8 Right rock back, Recover on to left

Enjoy with Attitude

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