Buttercup

拍數: 32

級數: Improver

編舞者: Kelli Haugen (NOR) - February 2016

音樂: Build Me Up Buttercup - The Foundations

牆數: 4

CHASSÉ, ROCK, RECOVER, CHASSÉ, ROCK, RECOVER

- 1&2,3,4 Triple step right, left, right to right, rock back on left foot, recover on right foot
- 5&6,7,8 Triple step left, right, left to left, rock back on right foot, recover on left foot

TOUCH, CROSS, TOUCH, CROSS, JAZZ BOX

- 9,10,11,12 Touch right foot to right, cross right foot in front of left foot, touch left foot to left, cross left foot in front of right foot
- 13,14,15,16 Cross right foot in front of left foot, step back on left foot, step right on right foot, step forward on left foot

KICK, STEP, KICK, STEP, STEP, ¼ TURN, CROSS SHUFFLE

- 17,18,19,20 Kick right foot forward, step right foot next to left foot, kick left foot forward, step left foot next to fight foot
- 21,22,23&24 Step forward on right foot, ¼ turn left on left foot, cross right foot in front of left foot, step slightly left on left foot, cross right foot in front of left foot

ROCK, RECOVER, WEAVE, OUT, OUT, IN, IN, OUT, OUT, IN, IN

- 25,26,27&28 Rock left on left foot, recover on right foot, cross left foot behind right foot, step right on right foot, cross left foot in front of right foot
- &29&30&31&32 Step out on right foot, step out on left foot, step in on right foot, step in on left foot, step out on right foot, step out on left foot, step in on right foot, step in on left foot

Tag:□In walls 4 and 8 after count 28 do these 8 counts...

CARLTON X4

- 1,2,3,4 Step right on right foot and swing arms right, touch left foot next to right foot, step left on left foot and swing arms left, touch right foot next to left foot
- 5,6,7,8 Step right on right foot and swing arms right, touch left foot next to right foot, step left on left foot and swing arms left, touch right foot next to left foot

...Then do the last counts of the dance - &29&30&31&32 and start again.

Both times happen facing the front wall

Hope you enjoy this fun easy dance to a good ol' classic feel good song

Contact: linedance@kelli.no



