

Things We Used To Do

拍數: 32 牆數: 4 級數: Beginner
編舞者: Mike Hitchen (UK) - February 2016
音樂: Things - Bobby Darin : (iTunes, amazon)



Intro: 8 Counts - No Tags No Restarts

S1: Side Together Back, Side Shuffle 1/4 Turn Left, Rock & Cross, Rock & Cross.

1&2 Step right to side, Step left together, Step right back.
3&4 Step left to side, Step right together, Step left 1/4 turn left.
5&6 Rock right to side, Recover to left, Cross right over left.
7&8 Rock left to side, Recover to right, Cross left over right.

S2: Mambo 1/2 Turn, Step Lock Step, Step Lock Step, Step 1/2 Turn Step.

1&2 Rock right forward, Recover to left, 1/2 turn right stepping right forward.
3&4 Step left diagonal left, Lock right behind left, Step left forward.
5&6 Step right diagonal right, Lock left behind right, Step right forward.
7&8 Step left forward, Pivot 1/2 turn right, Step left forward.

S3: Rocking Chair, Shuffle 1/2 Turn. Rocking Chair, Shuffle 1/2 Turn

1&2& Rock right forward, Recover to left, Rock right back, Recover to left.
3&4 Step right 1/4 turn left, Step left together, Step right back 1/4 turn left.
5&6& Rock left back, Recover to right, Rock left forward, Recover to right.
7&8 Step left 1/4 turn left, Step right together, Step left forward 1/4 turn left.

S4: Right Cross Twinkle, Left Cross Twinkle, Mambo step, Coaster Cross.

1&2 Cross right over left, Step left to side, Step right to side.
3&4 Cross left over right, Step right to side, Step left to side.
5&6 Rock forward on right, Recover to left, Step right back.
7&8 Step left back, Step right together, Cross left over right.

Finish: 7th wall facing back do the first 14 counts last 2 counts do a step turn 1/4 to face front; 16 counts in total.

Happy Dancing
