

Get Together Again (zh)

COPPER KNOB
BY STEPHENETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Chas Oliver (UK) - 2010年10月
音樂: Let's Get Back To Bed Boy - Sarah Connor



前奏: Start on main vocal 唱歌起跳

第一段 Side Close, Side Close Side, Cross Rock Recover, Side Close ¼ Left

- 1-2,3&4 Step right to side, step left together, step right close left to right step right to side
右足右踏, 左足併踏, 右足右踏, 左足併踏, 右足右踏
- 5-6,7&8 Cross left over right, recover to right, left to side close right to left, ¼ turn stepping forward left
左足於右足前交叉下沉, 右足回復, 左足左踏, 右足併踏, 左轉90度左足前踏

第二段 Step Forward Right, Pivot Turn ½ Left, Forward Run Right, Run Left, Run Right Rock Forward Recover Coaster Step

- 1-2,3&4 Step right forward pivot turn ½ left, run forward right, left, right
右足前踏, 左軸轉180度, 前跑步-右, 左, 右
- 5-6,7&8 Rock left forward, recover to right, step left back, right besides left, forward left
左足前下沉, 右足回復, 左足後踏, 右足併踏, 左足前踏

第三段 Touch Right, Forward, Side, Touch Forward And Diagonal And Side, Cross Right Behind Left, Ball Heel, Side Rock Left And Recover To Right

- 1-2,3&4 Touch right toe forward, touch right toe to side, touch right toe forward diagonal and side
右足趾前點, 右足趾右點, 右足前點, 右足斜點, 右足右點
- 5&6,7&8 Cross right behind left, lift both heels off the ground and replace, rock left out to side and recover to right
右足於左足後交叉踏, 雙足踵離地, 雙足踵踏, 左足左下沉, 右足回復

第四段 Fast Weave Right, Side Rock Recover, Behind Side Cross

- 1&2&3&4 Cross left behind right, right to side, left over right, right to side, cross left behind right, right to side, left over right
左足於右足後交叉踏, 右足右踏, 左足於右足前交叉踏, 右足右踏, 左足於右後交叉踏, 右足右踏, 左足於右足前交叉踏
- 5-6,7&8 Rock right out to the side recover to left, cross right behind left, left to side, right over left
右足右下沉, 左足回復, 右足於左足後交叉踏, 左足左踏, 右足於左足前交叉踏

第五段 Forward Sailor Step Turn ¼ Left, Forward Sailor Step Turn ½ Right, Forward Sailor Step, ¼ Step Left And Forward Sailor Step Turn ½ Right

- 1&2,3&4 Cross left over right, turn ¼ left and step back right, step left to side, cross right over left, turn ¼ right and step on left, make another ¼ turn stepping right to side
左足於右足前交叉踏, 左轉90度右足後踏, 左足左踏, 右足於左足前交叉踏, 右轉90度左足踏, 右轉90度右足右踏
- 5&6,7&8 Cross left over right, turn ¼ left and step right back, step left besides right, cross right over left, turn ¼ right and step left back, turn ¼ right and step right besides left
左足於右足前交叉踏, 左轉90度右足後踏, 左足併踏, 右足於左足前交叉踏, 右轉90度左足後踏, 右轉90度右足併踏

第六段 Left Forward Rock Recover, Turn ¼ Left, Stepping On Left, Right Besides Left And Step Left Forward, Step Right To Side, Left Beside Right, Step Forward Right, Step Left To Side, Right Besides Left, Step Left Forward

- 1-2,3&4 Rock left forward, recover to right, turn $\frac{1}{4}$ left and step on left, step right together, step left forward
左足前下沉, 右足回復, 左轉90度左足踏, 右足併踏, 左足前踏
- 5&6,7&8 Step right to side, left besides right, step right forward, left to the side, right to left, step left forward
右足右踏, 左足併踏, 右足前踏, 左足左踏, 右足併踏, 左足前踏
-