

You Don't Own Me

拍數: 76 牆數: 4 級數: Phrased Advanced
編舞者: Helen Conroy (IRE) & Megan Conroy (IRE) - February 2016
音樂: You Don't Own Me (feat. G-Eazy) - Grace



Pattern A.B. C.C. B.C.C .A.A. C.C. C.C. A.B

Please refer to video regarding music tempo

A-32 counts

Section A1: (1-8) Right touch, left coaster, right lunge, right drag.

1,2 Facing into left diagonal step right forward, touch Left toe behind R
3&4 Step left back, $\frac{1}{4}$ right stepping back on right, step forward on L
5,6 Right lunge forward into right diagonal, hold,
7,8 Replace weight back onto left, drag right beside L

Section A2: (9-16) Right short weave, left side step, right side point, hold, $\frac{1}{4}$ step right, $\frac{3}{4}$ turn right, left side point, hold.

1&2 Step right behind left, step left to left side, cross right in front of L 3&4 Step left to left side, point right to right side, hold.
5,6 $\frac{1}{4}$ turn right stepping onto right, $\frac{3}{4}$ turn right
7,8 Point left to left side, hold.

Section A3: (17-24) Left short weave, right step touch, left back step, right sweep back, right short weave.

1&2 Step left behind right, step right to right side, step left in front of R
3,4 Right step forward into right diagonal, left toe touch behind R
5,6 Step back on left, sweep right around behind L
7&8 step right behind left, step left to left side, step right in front of L.

Section A4: (25-32) $\frac{1}{4}$ turn left with a left reverse twinkle step, $\frac{1}{4}$ turn left with a right reverse twinkle step, $\frac{1}{4}$ turn left with a left reverse twinkle step, $\frac{1}{4}$ turn left with a back right rock step, recover.

1&2 $\frac{1}{4}$ turn left stepping left behind right, step right to R side, step left to L side
3&4 $\frac{1}{4}$ left stepping right behind left, step right to R side, step left to L side,
5&6 $\frac{1}{4}$ left stepping left behind right, step right to R side, step left to L side,
7,8 $\frac{1}{4}$ left stepping back on right, step forward on left.

B-20 counts-slow tempo

Section B1: (1-8) Forward right and left cross points X2 with finger clicks

1,2 Forward cross step right over left, point left to L side/click
3,4 Forward cross step left over right, point right to R side/click
5,6,7,8 Repeat counts 1-4 of section 1.

Section B2: (9-16) Backward right and left cross points X2 with finger clicks

1,2 Back cross step right behind left, point left to L side/click
3,4 Back cross step left behind right, point right to R side/click
5,6,7,8 Repeat counts 1-4 of section 2.

Section B3: (17-20) Right and left side sways X2

1,2,3,4 Step right to right side swaying hips right left right left.

C-24 counts-waltz tempo

Section C1: (1-6) Forward left and right sweeps, forward right and point, left short weave, left back rock, full triple turn right, right short weave and $\frac{1}{4}$ left, forward right sweep.

1,2,3 Step forward on right, sweep left in front of right

4,5,6 Step forward on left, sweep right in front of left.

Section C2: (7-12)

1,2,3 Step forward on right, point left to left side, hold

4,5,6 Step left behind right, step right to right side, step left in front of R

Section C3: (13-18)

1,2,3 Step right to right side, rock back on left, replace weight onto right

4,5,6 Triple full right turn stepping L,R,L and moving to the left.

Section C4: (19-24)

1,2,3 Step right behind left, step left to left side, ¼ left stepping forward R

4,5,6 Step forward on left, sweep right in front of left.

End Of Dance

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