

The Tipperary Bounce

拍數: 32 牆數: 2 級數: Beginner
編舞者: Sonja Hemmes (USA) - February 2016
音樂: Goodbye Mick and Goodbye Pat - The Irish Rovers : (Album: The Best of the Irish Rovers)



Start after introduction: The anchor's weighed and the gangway's up, I'm leaving Tipperary

INTRODUCTION

THIS DANCE HAS A 32 COUNT INTRODUCTION SONG BEFORE THE DANCE BEGINS: (Dance the first 24 counts of the dance in slow rhythm. Then dance the last 8 counts with 1/2 turn Monterey's instead of 1/4 Monterey's, to start the dance facing the front.

MONTEREY 1/2 TURN RIGHT, MONTEREY 1/2 TURN RIGHT

1-2 Point right to right side, 1/2 turn right stepping right next to left
3-4 Point left to left side, step left next to right
5-6 Point right to right side, 1/2 turn right stepping right next to left
7-8 Point left to left side, step left next to right

DANCE

POLKA FORWARD RIGHT, LEFT, RIGHT, LEFT

1&2 Step forward with right foot, step together with left foot, step forward with right
3&4 Step forward with left foot, step together with right foot, step forward with left
5&6 Step forward with right foot, step together with left foot, step forward with right
7&8 Step forward with left foot, step together with right foot, step forward with left

CHARLESTONS, (X2)

1&2 Step forward with right foot, touch forward with left toe
3&4 Step back with left foot, touch back with right toe
5&6 Step forward with right foot, touch forward with left toe
7&8 Step back with left foot, touch back with right toe

STEP BACK, HITCH, RIGHT, LEFT, RIGHT, LEFT, SLAPPING KNEES

1&2 Step back on right foot, hitch left knee, slap left knee with right hand
3&4 Step back on left foot, hitch right knee, slap right knee with left hand
5&6 Step back on right foot, hitch left knee, slap left knee with right hand
7&8 Step back on left foot, hitch right knee, slap right knee with left hand

MONTEREY 1/4 TURN RIGHT, MONTEREY 1/4 TURN RIGHT

1-2 Point right to right side, 1/4 turn right stepping right next to left
3-4 Point left to left side, step left next to right
5-6 Point right to right side, 1/4 turn right stepping right next to left
7-8 Point left to left side, step left next to right