

Crazy Cups

拍數: 32 牆數: 4 級數: Improver
編舞者: Gary Spurway (UK) - February 2016
音樂: Cups (When I'm Gone) - Sam Tsui, Kina Grannis, Alex G & Kurt Schneider :
(Pitch Perfect Cover)



Grapevine right, slap left, grapevine left, slap right

- 1-2 step right to right, step left behind right
- 3-4 step right to right, slap left foot with right hand behind
- 5-6 step left to left, step right behind left
- 7-8 step left to left, slap right foot with left hand behind

Right toe fan, rock half turn, brush

- 1-4 step right foot forward, toe fan out, in, out (put weight on right)
- 5-8 rock forward left, rock back, half turn, brush right foot

Right toe fan, rock quarter turn brush

- 1-4 step right foot forward, toe fan out, in, out (put weight on right)
- 5-8 rock forward left, rock back, quarter turn to left as you step to left ,brush right over left

Right cross shuffle to left, rock, coaster step, hold, brush

- 1&2 cross right in front of left, step left next to right, cross right in front of left
- 3-4 left to left side, weight back on right
- 5&6 step left back, right next to left, step left forward
- 7-8 hold, brush right foot forward

Restart on wall 3

Do first 8 counts and Restart

Tag (48c) on end of wall 5(facing 12 o'clock)

Monterey turns

- 1-4 Point right toe out, in, quarter turn, point left out, in
- 5-8 Point right toe out, in, quarter turn, point left out, in

Walk forward, kick, walk back, point

- 1-4 Walk forward right, left, right kick left and clap
- 5-8 Walk back left, right, left point out right and clap

Cross point, cross point, quarter turning jazz box,

- 1-2 Step right in front of left, point left toe out and clap
- 3-4 Step left in front of right, point right toe out and clap
- 5-6 Cross right in front of left, step back on left
- 7-8 Quarter turn as you step back on right, cross left in front of right

Toe strut x2 chasse right, rock back,

- 1-4 Step right toe to right side and place heel down, left toe in front of right and heel down
- 5&6 Step right to side, left next to right, right to right side
- 7-8 Rock left, behind right and recover

Toe strut x2 chasse left, rock back

- 1-4 Step left toe to left side and place heel down, right toe in front of left and heel down
- 5&6 Step left to side, right next to left, step left to side
- 7-8 Rock right behind left and recover

"K" step with claps

- 1-2 Step right foot diagonal forward and left to it clap
- 3-4 Step left back to position and right next to it clap
- 5-6 Step right back diagonal and left next to it clap
- 7-8 Step left back to position and right next to it clap

Restart from beginning, dance until end of song

Contact: ginger1701@yahoo.com

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