

# Stand By You

拍數: 60      牆數: 4      級數: Intermediate  
編舞者: Nathan Gardiner (SCO) - February 2016  
音樂: Stand By You - Rachel Platten



Intro: 16 counts

## S1: Basic R, Basic L, Walk Back R & L With Sweeps, Rock Back, Recover

1-2&      Step R to R side, Rock back on L, Recover on R  
3-4&      Step L to L side, Rock back on R, Recover on L  
5-6      Step back on R sweeping L from front to back, Step back on L sweeping R from front to back  
7-8      Rock back on R, Recover on L

## S2: R Rumba Box, Rock Back, Recover, Step ¼ L Cross

1&2      Step R to R side, Step L next to R, Step forward on R  
3&4      Step L to L side, Step R next to L, Step back on L  
5-6      Rock back on R, Recover on L  
7&8      Step forward on R, ¼ L, Cross R over L

## S3: ¼ RX2, Cross Shuffle, Sway R, Sway L, Sway R, Sway L

1-2      ¼ R stepping back on L, ¼ R stepping R to R side  
3&4      Cross L over R, Step R to R side, Cross L over R  
5-6      Step R to R side swaying hips to R side, Sway hips to L side  
7-8      Sway hips to R side, Sway hips to L side

## S4: Behind, Side, Cross, Side L, Together, Forward, Rocking Chair

1&2      Step R behind L, Step L to L side, Cross R over L  
3&4      Step L to L side, Step R next to L, Step forward on L  
5-6      Rock forward on R, Recover on L  
7-8      Rock back on R, Recover on L

## S5: Step ¼ L, Cross Shuffle, Side L, Behind, Side, Cross, Side L, Together

1-2      Step forward on R, ¼ L  
3&4      Cross R over L, Step L to L side, Cross R over L  
5-6      Step L to L side, Step R behind L  
&7&8      Step L to L side, Cross R over L, Step L to L side, Step R next to L

## S6: Side Rock, Recover, Behind, Side, Cross, Side Rock, Recover, Behind, ¼ L, Side R

1-2      Rock out to L side, Recover on R  
3&4      Step L behind R, Step R to R side, Cross L over R  
5-6      Rock out to R side, Recover on L  
7&8      Step R behind L, ¼ L stepping forward on L, Step R to R side

## S7: Rock Back, Recover, Kick Ball Cross, ¼ RX2, Cross Rock, Recover

1-2      Rock back on L, Recover on R  
3&4      Kick L to L diagonal, Step L next to R, Cross R over L  
5-6      ¼ R stepping back on L, ¼ R stepping R to R side  
7-8      Cross rock L over R, Recover on R

## S8: Chasse L, Rock Back, Recover

1&2      Step L to L side, Step R next to L, Step L to L side  
3-4      Rock back on R, Recover on L

**Restart 1 & 2: On walls 2 & 4 dance 48 counts instead of stepping to R side, Touch R next to L**

**Restart 3: On wall 5 dance 56 change Cross Rock, Recover to Cross Shuffle then Restart the dance**

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