

Hat Trick

拍數: 32 牆數: 4 級數: Easy Improver
編舞者: Rob Fowler (ES) - February 2016
音樂: Lose My Mind - Brett Eldredge : (CD: Illinois -iTunes & Amazon)



Count in 16 (approx. 9 secs) - Track approx. 2 mins 36 secs – bpm: 104

SEC 1: □WALK R, WALK L, FWD R, TOUCH L, BACK L, R SHUFFLE BACK, L COASTER

1-2 Walk fwd R, walk fwd L
3&4 Step fwd R, touch L behind R, step back L
5&6 Step back R, step L next to R, step back R
7&8 Step back L, step R next to L, step fwd L (12 o'clock)

SEC 2: □R TOE, R HEEL, R CROSS, TOUCH L, BACK L, R HEEL, STEP R, L TOE, L HEEL, L CROSS, TOUCH R, BACK R, L HEEL, STEP L

1&2& Touch R toe slightly fwd of L, touch R heel slightly fwd of L, cross step R over L, touch L behind R
3&4 Step back L, touch R heel fwd, step R next to L
5&6& Touch L toe slightly fwd of R, touch L heel slightly fwd of R, cross step L over R, touch R behind L
7&8 Step back R, touch L heel fwd, step L next to R (12 o'clock)

** □TAG HERE DURING WALL 3 THEN RESTART

SEC 3: □R ROCK, RECOVER, ½ TURN SHUFFLE R, L ROCK, RECOVER, ¾ TURN SHUFFLE L

1-2 Rock fwd R, recover on to L
3&4 Make ½ turn R stepping fwd R, step L next to R, step fwd R (6 o'clock)
5-6 Rock fwd L, recover on to R
7&8 Make ½ turn L stepping fwd L, step R next to L, make ¼ turn L stepping fwd L (9 o'clock)

SEC 4: □POINT R SIDE, L HEEL, R HEEL, CLAP X2, POINT L SIDE, R HEEL, L HEEL, CLAP X2, STEP L TOG

1&2&3 Point R to R side, step R next to L, touch L heel fwd, step L next to R, touch R heel fwd
&4 Clap x2
&5&6&7 Step R next to L, point L to L side, step L next to R, touch R heel fwd, step R next to L, touch L heel fwd
&8 Clap x2
& Step L next to R (9 o'clock)

START AGAIN

**TAG: □During Wall 3, dance up to and including Section 2, count 8, add the following Tag, then RESTART (facing 6 o'clock)

1-2 Stomp R fwd (no weight), hold
3&4 Clap x3