

Nod Your Head Yes

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Lynn Card (USA) - February 2016
音樂: What Do You Mean? - Justin Bieber



No Tags, No Restarts

STEP, TOUCH, CHASSE LEFT, ROCK BACK, KICK BALL STEP

1,2,3&4 Step R to right, Touch L next to R, Step L to left, Step R next to L, Step L to left
5,6,7&8 Rock R back, Recover L forward, Kick R to 1:30 diagonal, Replace R next to L, Step L next to R (1:30)

ROCK STEP, COASTER STEP, WALK, STEP SIDE 1/8 TURN, STEP LEFT 1/4 TURN, TOUCH

1,2 3&4 Rock R forward to 1:30, Recover L back, Step R back, Step L next to R, Step R forward (still at 1:30 diagonal)
5,6,7,8 Step L forward, Turn 1/8 to left stepping R to right (12:00), Turn 1/4 to left stepping L to left, Touch R next to L (9:00)

STEP, KNEE POP, TRIPLE FORWARD, STEP 1/2 TURN, KICK BALL STEP

1,2,3&4 Step R forward, Step L next to R and pop R knee forward, Step R forward, Step L next to R, Step R forward
5,6,7&8 Step L forward, Turn 1/2 to right stepping R forward (3:00), Kick L forward, Replace L next to R, Step R next to L

TOE & HEEL SWIVEL SPLITS TRAVELING RIGHT, TOE & HEEL SWIVEL SPLITS TRAVELING LEFT

1,2,3&4 Traveling to right swivel toes apart/heels together, Swivel toes together/heels apart, Swivel toes apart/heels together, Swivel toes together/heels apart, Swivel toes apart/heels together
5,6,7&8 Traveling to the left swivel toes together/heel apart, Swivel toes apart/heels together, Swivel toes together/heels apart, Swivel toes apart/heel together, Swivel toes and heels center taking weight on L

Last Update – 13th Feb. 2016