

La Dolce Vita

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Improver / Intermediate
編舞者: Darren Bailey (UK) - February 2016
音樂: La Dolce Vita - The Jive Aces



Intro: 16 Counts

Country option: The rain came falling down (Dance Remix) by Pete Redfern

Intro Country option: 16 Counts from when the beat comes in (No Tag in Country option)

S1: Step Lock Step Touch, Step Lock Step Scuff

1-2 Step RF forward to R diagonal, Lock LF behind RF
3-4 Step RF forward to R diagonal, Brush LF forward
5-6 Step LF forward to L diagonal, Lock RF behind LF
7-8 Step LF forward to L diagonal, Brush RF forward

S2: Cross, Step back, Back Clap, Back Clap, Back Clap

1-2 Cross RF over LF, Step back on LF
3-4 Step back to R diagonal with RF, Touch LF next to RF and Clap
5-6 Step back to L diagonal with LF, Touch RF next to LF and Clap
7-8 Step back to R diagonal with RF, Touch LF next to RF and Clap

S3: Step close ¼ turn L, Hold, Step ½ turn L, Step forward, Hold

1-2 Step LF to L side, Close RF next to LF
3-4 Make a ¼ turn L and step forward on LF, Hold
5-6 Step forward on RF, Make a ½ turn L
7-8 Step forward on RF, Hold

S4: Continuous Rumba Box forward with Swivet to finish

1-2 Step LF to L side, Close RF next to LF
3-4 Step LF forward, Step RF to R side
5-6 Close LF next to RF, Step RF forward
7-8 Twist R toes to R and L heel to L, Return to centre (weight on RF)

S5: ¼ Pivot turn, Close, Cross, Side, Cross, Side, Cross, Hold

1-2 Step LF forward, Make a ¼ turn R
3-4 Cross LF in front of RF, Step RF to R side
5-6 Cross LF in front of RF, Step RF to R side
7-8 Cross LF in front of RF, Hold

Counts 3-8 can be danced with a down up motion, Lowing on counts 3,5,7 and Up on counts 4, 6, 8

S6: Step R touch L, Step L with ¼ turn L touch R, Step R, touch L, Step L with ¼ turn L, Brush R

1-2 Step RF to R side, Touch LF next to RF and clap
3-4 Make a ¼ turn L and step LF to L side, Touch RF next to LF and clap
5-6 Step RF to R side, Touch LF next to RF and clap
7-8 Make a ¼ turn L and step LF to L side, Touch RF next to LF and clap

S7: Cross Shuffle with R, Hitch, Cross Shuffle with L, Hitch

1-2 Cross RF over LF, Step LF to L side
3-4 Cross RF over LF, Hitch L
5-6 Cross LF over RF, Step RF to R side
7-8 Cross LF over RF, Hitch R

Counts 1-3 are danced travelling forward to L diagonal, 5-7 are danced travelling forward to R diagonal

S8: Cross Walk with R, Hitch, Cross Walk with L, hitch ¼ turn L, Touch R to side, In

- 1-2 Cross RF over LF, Hitch L
- 3-4 Cross LF over RF, Hitch R making a ¼ turn L
- 5-6 Touch RF to R side, Hold
- 7-8 Touch RF next to LF, Hold

Tag: At the end of wall 6 (facing 6 o'clock)

- 1-2 Touch RF to R side, Hold
- 3-4 Touch RF next to LF, Hold

Hope you enjoy the dance.

Live to Love, Dance to Express.
