Sugar Shack



拍數: 56 牆數: 2 級數: Beginner

編舞者: Sharon Padgett (USA) - January 2016

音樂: Sugar Shack - Jimmy Gilmer & The Fireballs



Part 1: Cross Rock, Triple Step, 2 x

7&8

1-2 Cross R over L, Recover on L
3&4 Step R, Step L, Step R
5-6 Cross L over R, Recover on R

Part 2: Shuffle Forward (3 X), Rock Forward, Recover

Step L, Step R, Step L

Step R Forward, Step L next to R, Step R Forward
Step L Forward, Step R next to L, Step L Forward
Step R Forward, Step L next to R, Step R Forward

7-8 Rock Forward on L, Recover on R

Part 3: Sailor Steps going back 3X, Rock Back, Recover

Sweep L Behind R stepping on L, Step R next to L, Step L next to R
Sweep R Behind L stepping on R, Step L next to R, Step R next to L
Sweep L Behind R stepping on L, Step R next to L, Step L next to R

7-8 Rock back on R, Recover on L

Part 4: R Rock to Side, Recover, Step, Hold, L Rock to Side, Recover, Step, Hold

1-4 Rock R to Side, Recover on L, Step on R and Hold5-8 Rock L to Side, Recover on R, Step on L and Hold

Part 5: Step Touches turning Left a 1/8, 4X (Will be on Back Wall) 6:00

1-2 Turning Left, 1/8 with Step R, Touch L
3-4 Turning Left, 1/8 with Step L, Touch R
5-6 Turning Left, 1/8 with Step R, Touch L
7-8 Turning Left, 1/8 with Step L, Touch R

Part 6: Vine Right with Crossing L over R, Side Rock Right, Recover, Step, Hold

1-4 Step R to Side, Step L behind R, Step R to side, Cross L in Front of R

5-8 Rock R to Side, Recover on L, Step on R and Hold

Part 7: Vine Left with Crossing R over L, Side Rock Left, Recover, Step, Hold

1-4 Step L to Side, Step R behind L, Step L to side, Cross R in Front of L

5-8 Rock L to Side, Recover on R, Step on L and Hold

End of Dance/ Repeat

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