

Cake By The Ocean

COPPER KNOB
STEPSHEETS

拍數: 96 牆數: 4 級數: Phrased High Intermediate
編舞者: Scott Blevins (USA) - January 2016
音樂: Cake by the Ocean - DNCE : (clean version available on Amazon)



#16 count intro to start on lyrics

Sequence: A - B - B - Tag I - A - B - B - B - Tag II - B - B - B

Pattern A: - 64 counts

A[1-8] SIDE ROCK, RECOVER, BACK ROCK, RECOVER, TRIPLE FWD, MAMBO ½ LEFT

1,2,3,4 1) Rock ball of R to right; 2) Recover to L; 3) Rock ball of R back; 4) Recover to L
5&6 5) Step R fwd; &) Step ball of L to R; 6) Step R fwd
7&8 7) Rock L fwd; &) Turn ¼ left as you recover to R; 8) Turn ¼ left stepping L fwd [6:00]

A[9-16] ½ LEFT, STEP BACK, STEP/ROLL BACK, SIT/TOUCH, WALK, WALK, FULL CHASE TURN RIGHT

1-2 1) Turn ½ left stepping R back; 2) Step L back [12:00]
3-4 3) Begin a body roll from top to bottom as you step R back; 4) Complete body roll touching L beside R toe
5-6 5) Step L fwd; 6) Step R fwd
7&8 7) Step L fwd; &) Turn ½ right taking weight on R; 8) Turn ½ right stepping L back [12:00]

A[17-24] ¼ RIGHT, KNEE POP, STEP, PIVOT, TRIPLE FWD, TRIPLE FWD

1 1) Turn ¼ right stepping R to right ending with weight on both feet and shoulder's width apart (2nd position) [3:00]
&2 &) Pop both knees fwd; 2) Straighten knees
3-4 3) Step L fwd on a diagonal toward 5:00; 4) Turn ½ right taking weight on R [11:00]
5&6 5) Step L fwd; &) Step ball of R to L; 6) Step L fwd;
7&8 7) Step R fwd; &) Step ball of L to R; 8) Step R fwd

A[25-32] TIP TOE FWD, TOGETHER, BACK, ¼ RIGHT, TIP TOE FWD, TOGETHER, BACK, 1/8TH TURN COASTER STEP

1-2 1) Step L fwd on tip toe with knee bent; 2) Step R beside L on tip toe with knees bent [11:00]
3& 3) Step L back; &) Turn ¼ right stepping R to right [1:00]
4-5-6 4) Step L fwd on tip toe with knee bent; 5) Step R beside L on tip toe with knees bent; 6) Step L back
7&8 1/8 turn Coaster Step - 7) Step R back; &) Step L beside R; 8) Turn 1/8 right stepping R fwd [3:00]

A[33-40] STEP, ¾ SPIRAL, SIDE, TOGETHER, CROSS, SIDE, BEHIND, SIDE, CROSS, SIDE, POINT

1-2 1) Step L fwd prepping for right turn; 2) ¾ spiral turn to right, weight on L [12:00]
3&4 3) Step R to right; &) Step L beside R; 4) Step R across L
5&6&7 5) Step L to left; &) Step R behind L; 6) Step L to left; &) Step R across L; 7) Step L to left
8 8) Point R crossed behind L as you look left

A[41-48] WALK, WALK, FWD MAMBO, BACK MAMBO, ½ LEFT, OUT, OUT

1-2 1) Step R fwd on a diagonal toward 1:00 2) Step L fwd [1:00]
3&4 3) Rock R fwd; &) Recover to L; 4) Step R back
5&6 5) Rock L back; &) Recover to R; 6) Step L fwd
7&8 7) Turn ½ left stepping R back [7:00]; &) Step ball of L to left; 8) Step ball of R to right [7:00]

A[49-56] WALK, WALK, ½ TURN TRIPLE, ½ TURN TRIPLE, STEP FWD, ½ RIGHT WITH POP

1-2 1) Step L fwd toward 7:00; 2) Step R fwd [7:00]
3&4 3) Turn ¼ right stepping L to left; &) Step R beside L; 4) Turn ¼ right stepping L back

5&6 5) Turn ¼ right stepping R to right; &) Step L beside R; 6) Turn ¼ right stepping R fwd [7:00]
Note: 3&4 5&6 are triple steps that are moving on the diagonal toward 7:00 gradually making a full turn right.
7-8 7) Step L fwd; 8) Turn ½ right taking weight on R and pop L knee [1:00]

A[57-64] FWD/POP, FWD/POP, ROCK AND CROSS, ROCK AND CROSS, STEP with ¾ RIGHT

1-2 1) Step L fwd and pop R knee; 2) Step R fwd and pop L knee
3&4 3) Rock L to left; &) Recover to R; 4) Step L across R
5&6 5) Turn 1/8 left as you rock R to right squaring up to 12:00; &) Recover to L; 6) Step R across L [12:00]
7-8 7) Turn ¼ right stepping L to left [3:00]; 8) Continue turning on L another ½ to right with R foot slightly off the floor and extended in front of L [9:00] Note: 7-8 is a slow ¾ turn right on the L foot.

Pattern B: 32 counts:: All clock references are based on the Pattern A clock.

B[1-8] ¼ WALK, WALK, WALK, WALK, ¼ HIP, HIP, HIP, ¼ LEFT

1,2,3,4 1) Turn ¼ right stepping R fwd; 2) Step L fwd; 3) Step R fwd; 4) Step L fwd [12:00]
5-6 5) Turn ¼ left pushing hips right step R to right [9:00]; 6) Pushing hips left step L to left
7-8 7) Pushing hips right step R to right; 8) Turn ¼ left stepping L fwd [6:00]

B[9-16] FWD, ½ RIGHT, ½ RIGHT, FWD, WALK, WALK, RUN, RUN, RUN, RUN

1,2,3,4 1) Step R fwd; 2) Turn ½ right stepping L back; 3) Turn ½ right stepping R fwd; 4) Step L fwd [6:00]
5-6 5) Step R fwd toward 5:00; 6) Step L fwd toward 3:00
7&8& 7) Step R fwd toward 1:00; &) Step L fwd toward 11:00 8) Step R fwd toward 10:00; &) Step L fwd toward 9:00

Note: Counts 5-8& are meant to be ¾ walk/run around to the left.

B[17-24] CROSS ROCK, RECOVER, SAILOR, BEHIND, SIDE, CROSS, SIDE, BEHIND, SIDE

1-2 1) Cross rock R over L; 2) Recover to L
3&4 3) Step R behind L; &) Step L to left; 4) Step R to right
5-6 5) Step L behind R; 6) Step R to right
7&8& 7) Step L across R; &) Step R to right; 8) Step L behind R; &) Step R to right [9:00]

B[25-32] CROSS ROCK, RECOVER, SIDE, CROSS, HEEL, HEEL, HEEL, STEP TOGETHER

1,2,3,4 1) Cross rock L over R; 2) Recover to R; 3) Step L to left; 4) Step R across L
5-6 5) Turning ¼ right touch L heel out to left; 6) Turning 1/8 right touch L heel out to left
7-8 7) Turning 1/8 right touch L heel out to left; 8) Turning ¼ right step L beside R [6:00]

Tag I: Starts facing original 3 O'clock wall.

T1[1-8] VINE RIGHT, TOUCH, VINE LEFT WITH ¼ LEFT, TOUCH

1,2,3,4 1) Step R to right, 2) Step L behind R; 3) Step R to right; 4) Touch L beside R
5,6,7,8 5) Step L to left; 6) Step R behind L; 7) Turn ¼ left stepping L fwd; 8) Touch R beside L [12:00]

Tag II: Starts facing original 12 O'clock wall.

T2[1-8] VINE RIGHT, TOUCH, VINE LEFT WITH ¼ LEFT, HOLD

1,2,3,4 1) Step R to right, 2) Step L behind R; 3) Step R to right; 4) Touch L beside R
5,6,7,8 5) Step L to left; 6) Step R behind L; 7) Turn ¼ left stepping L fwd; 8) Hold [9:00]

T2[9-16] ROCKING CHAIR, CROSS, BACK, TOGETHER, HOP

1,2,3,4 1) Rock R fwd; 2) Recover to L; 3) Rock R back; 4) Recover to L
5,6,7,8 5) Step R across L; 6) Step L back; 7) Step R beside L; 8) Hop fwd with both feet

Enjoy!

