Hey Hey Hallelujah



拍數: 32 牆數: 4 級數: High Improver

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音樂: Hey Hey Hallelujah (feat. Andy Grammer) - Rachel Platten: (Album: Wildfire)



Notes: 8 Count Intro - approx 8 secs into track - Start on Vocals. Track 2 mins 56 Secs.

[1-8&]□Side, Behind, Side, Cross, Tap, Rock, Recover, Behind, Side, Cross Shuffle.

1,2 Step R to R side, cross step L behind R.&3 Step R to R side, cross step L over R.

&4 Facing the right diagonal tap R forward, rock forward on R. (facing 1.30).

5 Recover weight to L. (facing 1.30).6& Cross step R behind L, step L to L side.

7&8 Cross R over L, step L to L side, cross R over L. □ - 12 o'clock.

[9-16&] Twist ½ Turn Left, Twist ½ Turn Right with Sweep, Behind, Side, Together, Step ¼ Turn Left, Side, Anticlockwise Hips Roll.

1,2 Twist ½ turn L, twist ½ turn R whilst sweeping R round to behind L (weight on L facing 12

o'clock).

3&4 Cross step R behind L, step L to L side angling body to R diagonal (1.30), close R beside L.

5&6 Still facing 1.30 step forward on L, making just over ¼ turn L square up to 9 o'clock wall

stepping back on R, step L to L side.

&7&8& Roll hips anticlockwise in a funky fashion or do what feels natural. □- 9 o'clock.

[17-24]□Walk Right, Left, Triple Step, Full Turn Left, ¼ Turn Chasse Left.

1,2 Walk forward R, walk forward L.

Step back on R, recover weight to L, step back on R. (Triple in place).

Make a full turn L stepping forward on L, stepping back on R. (9 o'clock).

7&8 Make a ¼ turn L stepping L to L side, close R beside L, step L to L side. - 6 o'clock.

[25-32] ☐ Skate R, L, Chasse Right, Skate L, R, 1 ¼ Turn Left. (With Optional Arms).

1,2 Skate R, Skate L (Optional arms with Skates; raise both hands to the Right, then to the Left).

3&4 Step R to R side, close L beside R, step R to R side.

(Optional arms with Chasse; raise both hands to the Right in an up and down motion ie, up, down, up).

5,6 Skate L, Skate R. (Optional arms with Skates; raise both hands to the Left, then to the Right).

7&8 Make a ¼ turn L stepping forward on L, make a ½ turn L stepping back on R, make a ½ turn

L stepping forward on L.

** Optional steps; Make a shuffle 1/4 turn L.

(Optional arms with turn; raise both hands to the Left in an up and down motion ie, up, down, up). □3 o'clock.

Have Fun