

Marvin Gaye AB

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Beginner
編舞者: Maria Cirino (USA) - February 2016
音樂: Marvin Gaye (feat. Meghan Trainor) - Charlie Puth



Begin dance 32 beats from the first beat of music (approx. 19 seconds into the track) No Tags, No Restarts.

[1 – 8] Rumba Box

1-4 Step L forward (1), hold (2), step R side (3), step L together (4)
5-8 Step R back (5), hold (6), step L side (7), step R together (8) 12:00

[9 – 16] Side Step with Cross-over Break

1-4 Step L side (1), hold (2), cross R over L (3), rock weight back to L foot (4)
5-8 Step R side (5), hold (6), cross L over R (7), rock weight back to R foot (8) 12:00

[17 – 24] Rumba Walks in a Circle

1 – 8 Walk in a counter-clockwise circle using rumba timing [step L forward (1), hold (2), step R forward (3), step L forward (4), step R forward (5), hold (6), step L forward (7), step R forward (8)] 12:00

[25 – 32] Step forward, Hold, ½ Pivot, Step Forward, Hold, Side Break

1-4 Step L forward (1), hold (2), step R forward(3), pivot ½ turn left shifting weight to L foot (4)
6:00
5-8& Step R forward (5), hold (6), step L side (7), rock weight back to R foot (8), touch L together (&)

Begin again and have fun!

~Maria: - DancingwithMaria@gmail.com