

# I Feel Good Today

COPPER KNOB  
BY STEPHEN BRETZ

拍數: 48      牆數: 4      級數: Intermediate  
編舞者: Andrea Kreuzer (USA) - November 2015  
音樂: I Feel Good (feat. LunchMoney Lewis) - Thomas Rhett



\* Dance starts 16 counts after musical intro -- weight on left foot

## (1-8) Two walks back with knee pops, back coaster step, step-turn-touch

- 1-2      Walk back on right foot, popping left knee forward as putting weight on right foot -- snapping fingers as popping knee  
3-4      Walk back on left foot, popping right knee forward as putting weight on left foot - snapping fingers as popping knee  
5&6      Right back coaster step  
7-8      Step forward left, making a 1/2 turn right as bring right foot next to right (keeping weight left foot)

## (9-16) Two walks back with knee pops, back coaster step, step-turn-touch

- 1-2      Walk back on right foot, popping left knee forward as putting weight on right foot -- snapping fingers as popping knee  
3-4      Walk back on left foot, popping right knee forward as putting weight on left foot - snapping fingers as popping knee  
5&6      Right back coaster step  
7-8      Step forward left, making a 3/4 turn to right as bring right foot next to right (keeping weight left foot)

## (17-24) Toe Points front-side, coaster step, sweep-turn, shuffle

- 1-2      Point right foot front and side  
3&4      Right coaster step back  
5-6      Sweep left foot 1/2 turn over left shoulder with hitch  
7&8      Forward left shuffle

## (25-32) Step-taps right and left, shuffle side, shuffle side with turn

- 1-2      Step side right, tap left toe behind  
3-4      Step side left, tap right toe behind  
5&6      Shuffle right side  
7&8      Shuffle left side 1/4 turn

## (33-40) Two walks forward, sailor turn, two walks forward, cross step turn

- 1-2      Walk forward right, left  
3&4      Sailor with half turn left  
5-6      Walk forward left, right  
7&8      Cross left over right, step back on right making a 1/4 turn left as step left side

## (41-48) Cross-step-point twice, jazz box turn

- 1-2      Step right over left, touch left toe side  
3-4      Step left over right, touch right toe side  
5-8      Jazz box with 1/2 turn

Restart on wall 3: After first 8 counts of dance, restart dance (will be facing front wall again)

Tag at 6th wall (facing 6:00) & 9th wall (facing 9:00): repeat last 16 counts of dance.

Contact: [kreuzer@rochester.rr.com](mailto:kreuzer@rochester.rr.com)

