

No Way, No Way

拍數: 32 牆數: 4 級數: Improver
編舞者: Jan Brookfield (UK) - February 2016
音樂: No Way - Gilbert O'Sullivan



Section 1 : SIDE, HOLD, ROCK BACK, RECOVER, SIDE, BEHIND, ¼ TURN SHUFFLE

1,2,3,4 Step L to left side, hold for one count, rock back on R, recover onto L
5,6 Step R to right side, step L behind R
7&8 Making a quarter turn right shuffle forward on R,L,R

Section 2 : STEP, ¼ PIVOT, CROSS SHUFFLE, SIDE, TOUCH, SIDE, TOUCH

9,10, 11&12 Step L forward, pivot quarter turn to right, shuffle across to right on L,R,L
13,14,15,16 Step R to side, touch L next to R, step L to side, touch R next to L

Section 3 : SIDE, HOLD, ROCK BACK, RECOVER, ¼ TURN SHUFFLE, ROCK BACK RECOVER

17,18,19,20 Step R to side, hold for one count, rock back on L, recover onto R
21&22 Making a quarter turn to right chasse left on L,R,L
23,24 Rock back on R, recover onto L

Section 4 : PRISSY STEPS FORWARD x 2, ROCK FORWARD, RECOVER, COASTER CROSS

25,26,27,28 Step R forward slightly across L, hold, step L forward slightly across R, hold
29,30,31&32 Rock R forward, recover onto L; step R back, step L next to R, step R across L

PLEASE NOTE : WALL 9 ONLY

After 8 walls there is an instrumental break in the song; dance the 9th wall as normal up to count 24 (you will be facing 9 o'clock at this point) then instead of two prissy steps on counts 25-28 do ONE prissy step, hold, then touch L out to left side, touch L in place, then OMIT counts 29-32. Start and end sequences as normal for wall 10 and subsequent walls.

25,26 Step R forward slightly in front of L, hold
27,28 Touch L toe out to L side, touch L toe next to R
29-32 OMIT
