

# Messing Up My Mind

COPPER KNOB  
STEPPERS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Ann Robb (UK) & Alex Robb (UK) - February 2016  
音樂: Up All Night - Charlie Puth : (Album: Nine Track Mind - iTunes)



Start on Vocals - 16 count intro

**Sec 1. □Side, Behind, 1/4 Turn R, Step, 1/2 Turn R, 1/4 Turn R, Behind, Rock, Recover, Cross, 1/4 Turn L, Step, Together**

1.                    Step R a long step to R side  
2&3                  Step L behind R, Turn 1/4 R stepping fwd on R, Step fwd on L  
4&5                  Pivot 1/2 turn R ( weight on R), Turn 1/4 R stepping L to L side, Step R behind L  
6&7                  Rock L to L side, Recover on R, Cross L over R  
8&                    Turn 1/4 L stepping back on R, Step L beside R

**Sec 2. □Step Back, Sweep, R Coaster Step, Prissy Walks L & R, 1/2 Turn R, 1/4 Turn R, Cross**

1,2                    Step back on R, Sweep L from front to back stepping down on L  
3&4                    Step back on R, Step L beside R, Step fwd on R  
5,6                    Walk fwd on L crossing L over R slightly, Walk fwd on R crossing R over L slightly  
7&8                    Turn 1/2 R stepping back on L, Turn 1/4 R stepping R to R side, Cross L over R

**Sec 3. □Side, Cross Rock, Side Rock, Step Back, 1/4 Turn R, 1/4 Turn R, Behind, Side, Cross**

1                      Step R a long step to R side  
2&3&4                  Cross Rock L over R, Recover on R, Rock L to L side, Recover on R, Step back on L  
5,6                    Turn 1/4 R stepping fwd on R, Turn 1/4 R stepping L to L side  
7&8                    Step R behind L, Step L to L side, Cross R over L

**Sec 4. □Sway L & R, Behind 1/4 Turn R, Step, Side, Together, Fwd, Side, Together, Back, □Touch**

1,2                    Sway L, Sway R  
3&4                    Step L behind R, Turn 1/4 R stepping fwd on R, Step fwd on L  
5&6                    Step R to R side, Step L beside R, Step fwd on R  
7&8&                    Step L to L side, Step R beside L, Step back on L, Touch R next to L

**START AGAIN**

**ENDING: Wall 8: Dance up to and including counts 4&5 of section 1, then a small step change for counts 6&7**

6&7                    Rock L to L side, Recover on R turning 1/4 R, Step fwd on L □(ending on 12.00 wall)

Contact: [m.rob2@hotmail.co.uk](mailto:m.rob2@hotmail.co.uk)