

Painkiller

COPPER KNOB
STEPPERS

拍數: 32
編舞者: Vanessa H. - February 2016
音樂: Pain Killer - Little Big Town

牆數: 2

級數: Easy Intermediate



Right step back, left step back, right coaster, rock left side, recover, step, rock right side, recover

1-2 step right back, step left back
3&4 step right back, step left beside right, step right forward
5-6& rock left to side, recover to right, step left beside right
7-8 rock right to side, recover to left (12:00)

Right rock, recover 1/8 left turn, right rock, recover 1/8 turn left, cross, left step to side swaying left right left right, cross left behind right

1-2 step right forward at angle, recover to left making an 1/8 turn left
3&4 step right forward at angle, recover to left making an 1/8 turn left, cross right over left
5-6 step left to side swaying hips left then right
7&8 sway hips left then right, step left behind right □□□□ □(9:00)

Right side rock, recover, forward shuffle, step left forward 1/2 turn right, left forward shuffle

1-2 rock right to side, recover to left
3&4 step right forward, step left beside right, step right forward
5-6 step left forward turning 1/2 right step right forward
7&8 step left forward, step right beside left, step left forward □□□□(3:00)

Right step lock step, left step rock step, step, step, right forward rock, recover, 1/4 turn right side rock, recover

1&2 step right forward, step left behind right, step right forward
&3&4& step left forward, step right behind left, step left forward, step right forward, left forward
5-6 rock right forward, recover to left
7-8 turn 1/4 right rocking right to side, recover to left □□□□ □(6:00)

***** Tag after 4th wall - repeat last 8 counts but on counts 7-8 rock right back, recover to left (no turn)**

Contact: teddee14@yahoo.com