

For Your Eyes Only

COPPER **KNOB**
BY STEPHEN METELNICK

拍數: 40 牆數: 2 級數: Intermediate NC2S
編舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - November 2015
音樂: If I Could Fly - One Direction



Start after 8 counts – 75bpm – 3mins 50 secs

Music Available as download from Amazon

[1-8] □ Basic R, ¼ L, ½ L pivot, sexy walk R/L, R fwd rock/recover/back (mambo step), step L, cross R

1-2& Step R side, rock L back, recover weight on R
3-4& Turning ¼ left step L forward, step R forward, pivot ½ left (3 o'clock)
5-6 Cross step R over L, cross step L over R (sexy walk forward)
7&8 Rock R forward, recover weight on L, step R back
&1 Step L next to R, cross step R over L

[9-16] □ L scissor step, R side/L behind/R side, L touch, L side L, cross R behind, turn ¼ L fwd, walk fwd R/L

2&3 Step L side, step R together, cross step L over R
4&5 Step R side, cross step L behind R, step R side
&6 Touch L together, step L side
7& Cross step R behind L, turning ¼ left step L forward (12 o'clock)
8& Step R forward, step L forward

[17-24] □ R fwd rock/recover & step R back, cross L over R, R back, turn ½ L step L fwd, ½ L pivot, R fwd, L fwd, cross R over L

1-2& Rock R forward, recover weight on L, step R back (angling body right)
3-4 Cross L over R, step R back, turning ½ left step L forward (6 o'clock)
5-6 Step R forward, pivot ½ left (12 o'clock)
&7-8 Step R forward, step L forward and slightly left, cross step R over L

[25-32] □ L side L, R rock back/recover, side R, L behind/R side/L cross, ¼ L step R back, L side L, cross R, L side L, R rock back/recover

1-2&3 Step L side, rock R back, recover weight on L, step R side
4&5 Cross step L behind R, step R side, cross step L over R
6& Turning ¼ left step R back, step left side (9 o'clock)
7& Cross step R over L, step L side
8& Rock R back, recover weight on L

Restarts: On Walls 5 & 6 dance up to and including steps 32& dropping the last 8 counts; on wall 5 you must turn ¼ left to Restart dance facing 6 o'clock & on wall 6 you must turn a ¼ left to Restart dance facing 12 o'clock.

[33-40] □ Turn ¼ L step side R, L behind/R side/L cross, step R back, step L back, cross R over L, ¼ L step L fwd, ½ L pivot, walk fwd R/L

1-2&3 Turning ¼ left step R side, cross step L behind R, step R side, cross step L over R (6 o'clock)
4&5 Turning ¼ left step R back, step L side, cross step R over L (3 o'clock)
6 Turning ¼ left step L forward (12 o'clock)
7& Step R forward, pivot ½ left (6 o'clock)
8& Step R forward, step L forward

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