

Kick It With You

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Malene Jakobsen (DK), Jo Kinser (UK) & John Kinser (UK) - February 2016
音樂: Collarbone - Fujiya & Miyagi : (iTunes)



Intro: 64 counts, 34 sec. into track on lyrics - dance begins with weight on L

There is a 4 count Tag after 32 counts on wall 3, facing 6.00, then Restart from the beginning.
Tag is only 4 claps.

After wall 5, repeat the last 32 counts, you will be facing 12.00

[1-8] Walk, walk, mambo, walk back, shuffle 1/2

1-2 (1-2) Walk fwd. R, L 12.00
3&4 (3) Rock fwd. on R, (&) recover onto L, (4) step back on R 12.00
5-6 (5-6) Walk back L, R 12.00
7&8 (7) Turn 1/4 L stepping L to L, (&) step R next to L, (8) turn 1/4 L stepping fwd. on L 6.00

[9-16] 1/4, cross shuffle, side rock, behind side cross

1-2 (1) Step fwd. on R, (2) turn 1/4 L 3.00
3&4 (3) Cross R over L, (&) step L to L, (4) cross R over L 3.00
5-6 (5) Rock L to L, (6) recover onto R 3.00
7&8 (7) Cross L behind R, (&) step R to R, (8) cross L over R 3.00

[17-24] Side rock, behind side fwd., hips, 1/2

1-2 (1) Rock R to R, (2) recover onto L 3.00
3&4 (3) Cross R behind L, (&) step L to L, (4) step fwd. on R 3.00
5-6 (5) Rock fwd. on L pushing L hip fwd., (6) recover onto R pushing R hip back 3.00
7-8 (7) Rock fwd. on L pushing L hip fwd., (8) turn 1/2 R 9.00

[25-32] Fwd., cross, back, 1/4, half turn, chase turn

1-2-3-4 (1) Step, fwd. on L, (2) cross R over L, (3) step back on L, (4) turn 1/4 R stepping fwd. on R
12.00
5-6 (5) Step fwd. on L, (6) turn 1/2 R 6.00
7&8 (7) Step fwd. on L, (&) turn 1/2 R, (8) step fwd. on L 12.00

[33-40] Dorothy Steps, 1/2, kick ball step

1-2& (1) Step fwd. on R, (2) lock L behind R, (&) step fwd. on R 12.00
3-4& (3) Step fwd. on L, (4) lock R behind L, (&) step fwd. on R 12.00
5-6 (5) Step fwd. on R, (6) turn 1/2 L 6.00
7&8 (7) Low kick R fwd., (&) step R next to L, (8) step fwd. on L 6.00

[41-48] Fwd., 1/2, kick ball step, 1/2, 1/4

1-2 (1) Step fwd. on R, (2) turn 1/2 L – keeping weight on R 12.00
3&4 (3) Low kick L fwd., (&) step L next to R, (4) step fwd. on R 12.00
5-6 (5) Step fwd. on L, (6) turn 1/2 R 6.00
7-8 (7) Step fwd. on L, (8) turn 1/4 R 9.00

[49-56] Dorothy Steps, 1/2, kick ball step

1-2& (1) Step fwd. on L, (2) lock R behind L, (&) step fwd. on L 9.00
3-4& (3) Step fwd. on R, (4) lock L behind R, (&) step fwd. on L 9.00
5-6 (5) Step fwd. on L, (6) turn 1/2 R 3.00
7&8 (7) Low kick L fwd., (&) step L next to R, (8) step fwd. on R 3.00

[57-64] Fwd., 1/2, kick ball step, 1/2, touch with hips

- 1-2 (1) Step fwd. on L, (2) turn 1/2 R – keeping weight on L 9.00
3&4 (3) Low kick R fwd., (&) step R next to L, (4) step fwd. on L 9.00
5-6 (5) Step fwd. on R, (6) turn 1/2 L 3.00
7-8 (7) Touch R next to L and bump R hip upwards, (8) bump R hip upwards 3.00
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