

# A Thousand Moons

**COPPER KNOB**  
BYSTEP SHEETS

拍數: 32                      牆數: 2                      級數: Intermediate NC2S  
編舞者: Gail Smith (USA) - January 2016  
音樂: Has Anybody Ever Told You - Ashley Monroe



**INTRO: 8 Counts - Begin on vocals - NO Tags Or Restarts**

**SIDE, BEHIND, 1/4, ROCK-REC, BACK-SWEEP, BACK-SWEEP, COASTER STEP, PIVOT 1/2**

1 -2 &                      Step R to side, step L behind, turn 1/4 R and step R fwd □ - 3:00  
3 &                          Rock L fwd, recover onto R  
4 - 5                        Step L back & sweep R to back, step R back & sweep L to back  
6 & 7                        Step L back, step R together, step L fwd  
8 &                          Step R fwd, pivot 1/2 turn L - 9:00

**FULL SPIRAL TURN, RUNNING ARCH, WEAWE with SWEEP, BEHIND, SIDE, CROSS-ROCK, SIDE-ROCK-CROSS**

1                            Step R across L and spiral full turn over L shoulder ( non-turners just step across )  
2 & 3                        Making an 1/4 turn arch, run L-R-L - 6:00  
4 & 5                        Step R across L, step L to side, step R behind L & sweep L to back  
6 &                          Step L behind, step R to side  
7 & 8 & 1                    Rock L across R, recover onto R, rock L to side, recover onto R, step L across R

**SWEEP FWD-TOUCH, SWEEP BACK-TOUCH, UNWIND 1/2 TURN, RUN FWD, PRESS, REC, BALL-STEP BACK**

2 - 3 &                      Sweep R & touch toes fwd, sweep back & touch toes behind, unwind 1/2 (weight to R) □ - 12:00  
4 & 5                        Run fwd L-R-L ( quick, quick, slow )  
6                              Press R toes fwd while leaning fwd with R knee slightly bent  
7 & 8                        Recover onto L, step ball of R slightly back, step L back

**BASIC R, BASIC L, SIDE, BEHIND, 1/4, STEP-1/4-CROSS, SWAY-SWAY**

1 - 2 &                      Step R to side, step L slightly behind R, step R across L  
3 - 4 &                      5 □ Step L to side, step R slightly behind, L, step L across R, turn 1/4 R and step R fwd - 3:00  
6 & 7                        Step L fwd, pivot 1/4 turn R, step L across R □ - 6:00  
8 &                          Step R to side as you sway R, sway L and bring R toes toward L foot

**START AGAIN**

**SLOW your steps at the end of the song to match the music. End facing front.**

**CONTACT INFO:** □ Gail Smith - [stepbystep.gail@gmail.com](mailto:stepbystep.gail@gmail.com)  
**WEBSITE:** □ [StepByStepWithGail@jimdo.com](http://StepByStepWithGail@jimdo.com)