

# Let's Lay It Down

**COPPER KNOB**  
STEPSHETS

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Chris Whittaker (USA) - February 2016  
音樂: Lay It Down - JT Hodges



**Start: 16 counts in at the start of the first verse**

## Side Hip Bumps x4

1-2      Step Wt. on R, Bump R Hip  
3-4      Step Wt. on L, Bump L Hip  
5-6      Step Wt. on R, Bump R Hip  
7-8      Step Wt. on L, Bump L Hip

## Side Behind Side, Side Rock Recover, Side Behind Side, Rock Recover R

1&2      Step R to Side, Bring L Behind R, Step R to Side  
3-4      Side Rock L, Recover R  
5&6      Step L to Side, Bring R Behind L, Step L to Side  
7-8      Rock R Forward, Recover on L

## Shuffle Back, ½ Turn Shuffle Back, ½ Turn Shuffle Back, Coaster Step

1&2      Shuffle Back R-L-R  
3&4      ½ Turn Shuffle to the Left L-R-L  
5&6      ½ Turn Shuffle to the Left R-L-R  
7&8      Step L Back, Place R Beside L, step L forward.

## ¼ Kick Turn, Coaster Step, ¼ Kick Turn, Coaster Step

1-2      Step R forward, Turn ¼ Left Kick L weight Stays on R  
3&4      Step L Back, Place R Beside L, step L forward  
5-6      Step R forward, Turn ¼ Left Kick L weight Stays on R  
7&8      Step L Back, Place R Beside L, step L forward

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