

Let's Lay It Down

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Chris Whittaker (USA) - February 2016
音樂: Lay It Down - JT Hodges



Start: 16 counts in at the start of the first verse

Side Hip Bumps x4

1-2 Step Wt. on R, Bump R Hip
3-4 Step Wt. on L, Bump L Hip
5-6 Step Wt. on R, Bump R Hip
7-8 Step Wt. on L, Bump L Hip

Side Behind Side, Side Rock Recover, Side Behind Side, Rock Recover R

1&2 Step R to Side, Bring L Behind R, Step R to Side
3-4 Side Rock L, Recover R
5&6 Step L to Side, Bring R Behind L, Step L to Side
7-8 Rock R Forward, Recover on L

Shuffle Back, ½ Turn Shuffle Back, ½ Turn Shuffle Back, Coaster Step

1&2 Shuffle Back R-L-R
3&4 ½ Turn Shuffle to the Left L-R-L
5&6 ½ Turn Shuffle to the Left R-L-R
7&8 Step L Back, Place R Beside L, step L forward.

¼ Kick Turn, Coaster Step, ¼ Kick Turn, Coaster Step

1-2 Step R forward, Turn ¼ Left Kick L weight Stays on R
3&4 Step L Back, Place R Beside L, step L forward
5-6 Step R forward, Turn ¼ Left Kick L weight Stays on R
7&8 Step L Back, Place R Beside L, step L forward

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