

# El Mismo Sol

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Chatti the Valley (ES) - December 2015  
音樂: El Mismo Sol (feat. Jennifer Lopez) - Álvaro Soler



Intro: 8 claps +8 - Bpm: 112

[1-8]: Right SAMBA STEP, Left SAMBA STEP, Right ROCK STEP, Right SHUFFLE ½ TURN.

1            Step right forward  
&            Step left forward diagonal left  
2            Recover weight on right foot  
3            Step left forward  
&            Step right forward diagonal right  
4            Recover weight on left foot  
5            Step right forward  
6            Recover weight on left foot  
7            ¼ turn right, step right to right side  
&            Step left beside right foot  
8            ¼ turn right, step right forward (6:00)

[9-16]: Left ROCK STEP, COASTER STEP, Right ROCK STEP, ¼ TRUN Right CHASSE.

1            Step left forward  
2            Recover weight on right foot  
3            Step left back  
&            Step right back, beside left foot  
4            Step left forward  
5            Step right forward  
6            Recover weight on left foot  
7            ¼ turn right, step right to right side (9:00)  
&            Step left beside right foot  
8            Step right to right side

[17-24]: Left ROCK STEP, Left CHASSE, Right ROCK STEP, Right Back SHUFFLE.

1            Step left forward  
2            Recover weight on right foot  
3            Step left to left side  
&            Step right beside left foot  
4            Step left to left side  
5            Step right forward  
6            Recover weight on right foot  
7            Step right back  
&            Step left back, near right foot  
8            Step right back

[25-32]: Left COASTER STEP, Left TRAVELLING PIVOT, Right MAMBO ROCK, Left Back MAMBO ROCK.

1            Step left back  
&            Step right back, beside left foot  
2            Step left forward  
3            ½ turn left, step right back  
4            ½ turn left, step left forward (9:00)  
5            Step right forward  
&            Recover weight on left foot

- 6 Step right beside left foot
- 7 Step left back
- & Recover weight on right foot
- 8 Step left beside right foot

**START AGAIN**

**TAGS: At the end of walls, 1, 3, 4, 6, 7, dance these 8 counts extra and start the dance again.**

**[1-8]: Left PADDLE TURN**

- 1 Step right forward
- 2  $\frac{1}{4}$  turn left, weight on left foot
- 3-8 Repeat counts 1-2 three times more to complete a full turn.

**The last wall, number 9, also ends with the paddle turn 8 counts, but turn only  $\frac{3}{4}$ , finish on wall 12:00**

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