

Fire

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Earleen Wolford (USA) - February 2016
音樂: Fire Under My Feet - Leona Lewis : (iTunes)



No Tags/No Restarts!

Other music:

Gotta Get Me One of Them by Soul Circus Cowboys;
Can't Believe It by Flo Rida feat. Pitbull,
all music on iTunes

Starting the dance: Two options, you can either start it on the piano (about 10secs in) or on vocals 48cts in (about 31secs in)

TOUCH R HEEL, STEP R DOWN, TOUCH L NEXT TO R, OUT OUT (L/R), HEEL/KNEE POPS UP/DOWN, ROCK R FWD, CHASE ¼ TURN R

1&2 Touch R heel forward on slight diagonal R (1), Step down on R (&), Touch L toe next to R (3)
&3&4 Out Out step: Step back on L (&), Step back on R (3), Left both heels up popping both knees at same time (&) Bring both heels down, keeping weight on L
5-8 Rock R forward (5), Recover on L (6), Turning ¼ R, Step R to R (7), Step L next to R (&), Step R to R (8) (R take wt) (3:00)

L JAZZ BOX, BRUSH L, STEP L DOWN, TWIST BOTH FEET 2X'S 1/8 R TURN (=1/4 TURN R)

1-4 Cross L over R (1), Step back on R (2), Step L to L (3), Step slightly forward on R (4)
5-8 Brush L next to R and slightly forward (5), Step down on L (6), Twist both feet 1/8 turn R 2X (=1/4 turn) (L take wt) (6:00)

CROSS ROCK R OVER L, RECOVER L, STEP ¼ TURN R, TRIPLE FORWARD L/R/L, STEP 1/2 TURN L, CROSS SHUFFLE R/L/R, STEP L

1&2 Rock R over L (1), Recover on L (&), Turn ¼ turn R, stepping forward on R (2) (9:00)
3&4 Triple Step forward: Step L forward (3), Step R next to L (&), Step L forward (4)
5, 6 Step R forward (5), ½ Turn L, while pivoting on L (6) (3:00)
7&8& Cross R over L (7), Step small L to L (&), Cross R over L (8), Step L out to L. at the same time use your R toe to push off to step Left & keeping the R toe out to the R to get you into count 1 on the next steps below. It's not as hard as it sounds. (L take weight) (3:00)

R TOE TOUCHES (IN OUT IN), TRIPLE BACK & DRAG L, L COASTER STEP, STEP FORWARD R TO R, STEP FORWARD L TO L

1&2 With weight on L and the R toe out from the previous steps above, Touch R next to L (1), Touch R out to R (&), Touch R next to L (2)
3&4 Step back on R (3), Step L slightly back next to R (&), Step R back, at the same time dragging the L heel (4)
5&6 Coaster step: Step L back (5), Step R next to L (&), Step L forward (6)
7, 8 Step forward R out to R, while pushing your hip to R (7), Step L forward L out to L, while pushing your hip to L (3:00)

Begin again!

Enjoy my dance & just have FUN dancing it! WE "Gotta Dance"!!

And please feel free to use any other music to do my dance, country or non country both work!

Earleen Wolford: (734) 377-5108 – earleenwolford@att.net - <http://www.earleengottadance.com>
<http://www.youtube.com/user/earlfbillw> - <http://www.facebook.com/earleenwolford>
(aka Earleen 'Gotta Dance')

PLEASE DO NOT MODIFY OR CHANGE MY DANCE STEPS IN ANY WAY, PLZ CONTACT ME FOR ANY

QUESTIONS, THANK YOU!!
