

Love Life

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - January 2016
音樂: Lovelife - Take That



Start after 64 count intro - 32 counts after the heavy beat kicks in approx.
[31secs into song – 123 bpm – Length: 3mins 34secs]

Music Available to download from Amazon

[1-8] □ Walk fwd 2, R fwd mambo, L back, R & L heel switches, L ball cross

1-2 Step R forward, step L forward
3&4 Rock R forward, recover weight on L, step R back
5 Step L back
6&7 Touch R heel forward, step R together, touch L heel forward
&8 Step L back, cross step R over L

[9-16] □ L side, R behind-side-cross, L side rock/recover, L behind, ¼ R & R fwd, L fwd

1, 2&3 Step L side, cross step R behind L, step L side, cross step R over L
4-5 Rock L side, recover weight on R
6-8 Cross step L behind R, turning ¼ right step R forward, step L forward (3 o'clock)

RESTART: WALL 4 (which starts facing L side wall 9 o'clock)

Dance up to count 16 and restart the dance facing front wall

[17-24] □ R fwd shuffle, L fwd, ¼ R pivot turn, L cross step, R&L&R toe switches

1&2 Step R forward, step L together, step R forward
3-5 Step L forward, pivot ¼ right, cross step L over R (6 o'clock)
6& Point R side, step R together
7& Point L side, step L together
8 Point R side

[25-32] □ Weave L 2, ¼ R toaster, L fwd shuffle, R fwd, ½ L pivot turn

1-2 Cross step R over L, step L side
3&4 Turning ¼ right step R back, step L together, step R forward (9 o'clock)
5&6 Step L forward, step R together, step L forward
7-8 Step R forward, pivot ½ left (3 o'clock)

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