Go To Work



拍數: 80 牆數: 4 級數: Phrased Intermediate

編舞者: Joey Warren (USA) - January 2016

音樂: Go to Work - Tim Omaji



Notes: ☐ 1 Restart / 4 wall ☐ ☐ ☐ ☐ ☐ ☐ Start after: 16 counts (on vocals)

A - 48 counts

A1: Walk Walk, Out-Out and Cross, Ball Close Cross, 3/4 Turn

1 – 2 Step R fwd, Step L fwd

Step R out R, Step L out L, Step R next to L, Cross L over R
Step out/back on ball of R, Step L beside R, Cross step R over L

7&8& ¼ Turn R stepping back on L, ¼ R stepping R out, ¼ R stepping L fwd, Step R fwd

A2: Step Touch - Step Kick, Coaster Step, Step-Lock Unwind, Rock and Cross

1&2& Step L fwd, Touch R toe behind L, Step back on R, Kick L fwd

3-&-4 Step back on L, Step R back beside L, Step L fwd

&5 – 6 Step R fwd, Lock/Point L toe behind R, Unwind ¾ Turn L as you step down on L

7-&-8 Rock R out to R, Recover to L, Cross R over L

A3: Side Point, Press, Rock & Slide, Coaster Step, Heel Swivel - Touch Step

&1 – 2 Step L out to L, Point R behind L, Step/Press R out to R (on ball of foot)

3-&-4 Cross rock R across L, Recover on L, Big step out to R as you slide L towards R

5-&-6 Step back on L, Step R back beside L, Step L fwd

&7&8 Swivel R heel in, Swivel R heel out taking weight, Touch L in front of R, Step L fwd

A4: ½ Turn Sailor, Quick Walks Fwd, Rock & Cross, Side Together Side Hitch

1-&-2 Step R behind L as you start ½ Turn R, Step L beside R, Step R fwd finishing ½ turn R

3-&-4 Step fwd on L, Step fwd on R, Step fwd on L (not a shuffle step)

5-&-6 Rock R out to R, Recover over to L, Cross R over L

7-&-8 Step L out to L as you hitch R slightly, Step R beside L, Step L out to L with small hitch on R

A5: Side Cross, Side-Together-Side, Side-Behind 1/4 Step Fwd, 1/4 Turn w/ Look over Shoulder

1 – 2 Step R out to R/slightly fwd, Cross L over R

3-&-4 Step R out to R, Cross L over R, Step R out to R (lifting L off floor slightly)

Step L out to L, Step R behind L, ¼ Turn L stepping L fwd, Step R fwd, ¼ L stepping L out

***** On 8, Look over your L shoulder (should be looking at 7:30 corner during 1st wall)

A6: ¼ Step ¼ Step, Behind-Side-Fwd, Pivot ½ x 2, ¾ Turn stepping L, R, L

1 – 2 ¼ R stepping R fwd, ¼ R stepping L out

3-&-4 Step R behind L, Step L out to L, Step R fwd

5 – 6 ½ Turn Pivot L taking weight on L, ½ Turn Pivot R taking weight on R

7&8& 3/4 Turn L on the spot stepping L, R, L; on count & hitch R slightly ready to walk fwd on R

B - 32 counts

(First 16 identical to First 16 of A)

B1: Walk Walk, Out-Out and Cross, Ball Close Cross, 3/4 Turn

1 – 2 Step R fwd, Step L fwd

Step R out R, Step L out L, Step R next to L, Cross L over R
Step out/back on ball of R, Step L beside R, Cross step R over L

7&8& 1/4 Turn R stepping back on L, 1/4 R stepping R out, 1/4 R stepping L fwd, Step R fwd

B2: Step Touch – Step Kick, Coaster Step, Step-Lock Unwind, Rock and Cross			
1&2&	Step L fwd, Touch R toe behind L, Step back on R, Kick L fwd		
3-&-4	Step back on L, Step R back beside L, Step L fwd		
&5 – 6	Step R fwd, Lock/Point L toe behind R, Unwind ¾ Turn L as you step down on L		
7-&-8	Rock R out to R, Recover to L, Cross R over L		

B3: Ball Cross Behind, Side-Together x2 Side, Ball Cross Behind x2

& - 1	Step L out to L, Cross R behind L
2&3&4	Step L out to L as you hitch R, Step R to L as you pick L foot off ground slightly, Step L out to
	L \square as you hitch R, Step R to L as you pick L foot off ground slightly, Step L out to L as you
	hitch R
& 5 – 6	Step down on ball of R, Cross L over R, Step R out to R
7-&-8	Step L behind R as you hitch R slightly, Step R to R small hitch on L, Step L behind R hitch R

B4: Ball Cross ¼ Turn, ½ Step-Lock-Step, ¼ Touch, ¼ Touch, Coaster Step – Ball Step

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&	-1-2	Step down on ball of R, Cross L over R, ¼ Turn R stepping R fwd	
3-	-&-4	1/4 Turn R stepping L out L, Lock R over L as you start another 1/4 Turn R, Step L back finishing 1/4 Turn R	
&	5&6	$\mbox{\ensuremath{\%}}$ Turn R stepping R out R, Touch L out to L, $\mbox{\ensuremath{\%}}$ L stepping L back beside R, Touch R beside L	
78	%8 &	Step back on R, Step L back beside R, Step R fwd, Ball step fwd on L (ready to walk on R)	

Restart: End of 5th wall repeat last &1 in B. (&) Ball step on L (1) step R fwd (the 2nd 1 is start)

Sequence: A, B, A, B, B w/Restart at end of B, B rest of the way

Dance rotates counterclockwise so Restart is on 9:00 wall.

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