拍數： 80
嚆數： 4
級數：Phrased Intermediate
編舞者：Joey Warren（USA）－January 2016
音樂：Go to Work－Tim Omaji


## Notes： 1 Restart／ 4 wallㅁㅁ ㅁㅁ Start after： 16 counts（on vocals）

A－48 counts
A1：Walk Walk，Out－Out and Cross，Ball Close Cross， $3 / 4$ Turn
1－2 Step R fwd，Step L fwd
\＆3\＆4 Step R out R，Step L out L，Step R next to L，Cross L over R
\＆5－6 Step out／back on ball of R，Step $L$ beside R，Cross step $R$ over $L$
7\＆8\＆$\quad 1 / 4$ Turn $R$ stepping back on $L, 1 / 4 R$ stepping $R$ out， $1 / 4 R$ stepping $L$ fwd，Step $R$ fwd
A2：Step Touch－Step Kick，Coaster Step，Step－Lock Unwind，Rock and Cross
1\＆2\＆Step L fwd，Touch R toe behind L，Step back on R，Kick L fwd
3－\＆－4 Step back on L，Step R back beside L，Step L fwd
\＆5－6 Step $R$ fwd，Lock／Point $L$ toe behind $R$ ，Unwind $3 / 4$ Turn $L$ as you step down on $L$
7－\＆－8 Rock R out to R，Recover to L，Cross R over L
A3：Side Point，Press，Rock \＆Slide，Coaster Step，Heel Swivel－Touch Step
\＆1－2 Step L out to L，Point R behind L，Step／Press R out to R（on ball of foot）
3－\＆－4 Cross rock $R$ across $L$ ，Recover on $L$ ，Big step out to $R$ as you slide $L$ towards $R$
5－\＆－6 Step back on L，Step R back beside L，Step L fwd
\＆7\＆8 Swivel $R$ heel in，Swivel R heel out taking weight，Touch L in front of R，Step L fwd
A4： $1 / 2$ Turn Sailor，Quick Walks Fwd，Rock \＆Cross，Side Together Side Hitch
1－\＆－2 Step R behind $L$ as you start $1 / 2$ Turn R，Step $L$ beside R，Step R fwd finishing $1 / 2$ turn $R$
3－\＆－4 Step fwd on L，Step fwd on R，Step fwd on L（not a shuffle step）
5－\＆－6 Rock R out to R，Recover over to L，Cross R over L
7－\＆－8 Step $L$ out to $L$ as you hitch $R$ slightly，Step $R$ beside $L$ ，Step $L$ out to $L$ with small hitch on $R$
A5：Side Cross，Side－Together－Side，Side－Behind $1 / 4$ Step Fwd， $1 / 4$ Turn w／Look over Shoulder
1－2 Step R out to R／slightly fwd，Cross L over R
3－\＆－4 Step R out to R，Cross L over R，Step R out to R（lifting L off floor slightly）
56\＆78 Step L out to L，Step R behind L， $1 / 4$ Turn L stepping L fwd，Step R fwd， $1 / 4$ L stepping L out
＊＊＊＊$\square$ On 8，Look over your $L$ shoulder（should be looking at 7：30 corner during 1st wall）
A6： $1 / 4$ Step $1 / 4$ Step，Behind－Side－Fwd，Pivot $1 / 2 \times 2,3 / 4$ Turn stepping L，R，L
1－2 $\quad 1 / 4 R$ stepping $R$ fwd， $1 / 4 R$ stepping $L$ out
3－\＆－4 Step R behind L，Step L out to L，Step R fwd
5－6 $\quad 1 / 2$ Turn Pivot $L$ taking weight on $L, 1 / 2$ Turn Pivot $R$ taking weight on $R$
7\＆8\＆$\quad 3 / 4$ Turn $L$ on the spot stepping $L, R, L$ ；on count \＆hitch $R$ slightly ready to walk fwd on $R$
B－32 counts
（First 16 identical to First 16 of A）
B1：Walk Walk，Out－Out and Cross，Ball Close Cross， $3 / 4$ Turn
1－2 Step R fwd，Step L fwd
\＆3\＆4 Step R out R，Step L out L，Step R next to L，Cross L over R
\＆5－6 Step out／back on ball of R，Step L beside R，Cross step R over L
$7 \& 8 \& \quad 1 / 4$ Turn $R$ stepping back on $L, 1 / 4 R$ stepping $R$ out， $1 / 4 R$ stepping $L$ fwd，Step $R$ fwd

## B2: Step Touch - Step Kick, Coaster Step, Step-Lock Unwind, Rock and Cross

1\&2\& Step L fwd, Touch R toe behind L, Step back on R, Kick L fwd
3-\&-4 Step back on L, Step R back beside L, Step L fwd
\&5-6 Step R fwd, Lock/Point $L$ toe behind R, Unwind $3 / 4$ Turn $L$ as you step down on $L$
7-\&-8 Rock R out to R, Recover to L, Cross R over L
B3: Ball Cross Behind, Side-Together x2 Side, Ball Cross Behind x2
\& - $1 \quad$ Step $L$ out to $L$, Cross $R$ behind $L$
$2 \& 3 \& 4$ Step $L$ out to $L$ as you hitch $R$, Step $R$ to $L$ as you pick $L$ foot off ground slightly, Step $L$ out to $L$ a as you hitch R, Step R to $L$ as you pick $L$ foot off ground slightly, Step $L$ out to $L$ as you hitch R
\&5-6 Step down on ball of R, Cross L over R, Step R out to $R$
7-\&-8 Step $L$ behind $R$ as you hitch $R$ slightly, Step $R$ to $R$ small hitch on $L$, Step $L$ behind $R$ hitch $R$
B4: Ball Cross $1 / 4$ Turn, $1 / 2$ Step-Lock-Step, $1 / 4$ Touch, $1 / 4$ Touch, Coaster Step - Ball Step
\&-1-2 Step down on ball of $R$, Cross L over $R, 1 / 4$ Turn $R$ stepping $R$ fwd
3-\&-4 $\quad 1 / 4$ Turn $R$ stepping $L$ out $L$, Lock $R$ over $L$ as you start another $1 / 4$ Turn $R$, Step $L$ back finishing $1 / 4$ Turn $R$
\&5\&6 $\quad 1 / 4$ Turn $R$ stepping $R$ out $R$, Touch $L$ out to $L, 1 / 4 L$ stepping $L$ back beside $R$, Touch $R$ beside L

7\&8\& Step back on R, Step L back beside R, Step R fwd, Ball step fwd on L (ready to walk on R)
Restart: End of 5 th wall repeat last $\& 1$ in $B$. (\&) Ball step on $L$ (1) step $R$ fwd (the $2 n d$ is start)
Sequence: A, B, A, B, B w/Restart at end of B, B rest of the way
Dance rotates counterclockwise so Restart is on 9:00 wall.
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