

Steel Guitar

拍數: 80 牆數: 4 級數: Upper Beginner
編舞者: Vickie Schermbeck Normile (USA) - January 2016
音樂: Steel Guitar - Chris Smither



EASY - DON'T LET THIS SCARE YOU - No Tags No Restarts

A[1-8] □ Chasse R with back Rock; Chasse L with back rock

1&2,3,4 Step R, Step L next to R, Step R, Rock Back on L, Recover R
5&6,7,8 Step L, Step R next to L, Step L, Rock back on R, Recover L

B[1-8] □ Chasse 1/2 turn with back rock, toe struts

1&2,3,4 Turning 1/2 CCW step R, Step L next to R, Step R Rock back on L, Recover R
5,6,7,8 Touch L toe fwd, step L heel down, Touch R toe fwd, Step R heel down

C[1-8] □ Chasse L with back Rock; Chasse R with back rock (repeating steps 1 - 16 but on other foot)

1&2,3,4 Step L, Step R next to L, Step L, Rock Back on R, Recover L
5&6,7,8 Step R, Step L next to R, Step R, Rock Back on L, Recover R

D[1-8] □ Chasse 1/2 turn with back rock, toe struts

1&2,3,4 Turning 1/2 CW step L, Step R next to L, Step L, Rock back on R, Recover L
5,6,7,8 Touch R toe fwd, step R heel, Touch L toe fwd, Step L heel down

E[1-8] □ Walk Fwd; r, l, kick kick, back rock, 1/4 pivot

1,2,3,4,5,6 Walk Fwd R, L, kick R twice, rock back on R, recover L
7,8 Step R fwd turn 1/4 CCW with weight on L

F[1-8] □ Walk Fwd; r, l, kick kick, back rock, 1/4 pivot

1,2,3,4,5,6 Walk Fwd R, L, kick R twice, rock back on R, recover L
7,8 Step R fwd turn 1/4 CCW with weight on L

G[1-8] □ Vine Right with cross; chasse R w/back rock

1,2,3,4 Step R, step L behind R, step R, step L front of R,
5&6, 7,8 Step R, Step L next to R, Step R, Rock Back on L, Recover R

H[1-8] □ Vine Left with cross; chasse L w/back Rock

1,2,3,4 Step L, step R behind L, step L, step R front of L
5&6, 7,8 Step L, Step R next to L, Step L, Rock Back on R, Recover L

I[1-8] □ Shimmy R, Shimmy L

1,2,3,4 Big Step R, Touch L next to R shaking shoulders or body roll
5,6,7,8 Big Step L, Touch R next to L shaking shoulders or body roll

J[1-8] □ 8 count Toe Strut Jazz box turning 1/4 with cross

1,2 Touch R toe over L, step R heel down
3,4 Touch L toe back, step L down
5,6 Touch R toe next to L, turning 1/4 R, step R heel down
7,8 Touch L toe over R, step L heel down

Start Over !!

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