## Time After Time

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拍數： 56
銅數： 2
級數：Advanced Contemporary／WCS
編舞者：Simon Ward（AUS）－January 2016
音樂：Time After Time－Eva Cassidy ：（Album：Time After Time，iTunes）

Notes：Dance starts on vocals，approx．11secs intro．

Restart on Wall 4 on count 16.<br>End dance on count 23 facing front wall．Styling is soft and smooth，hitting the（a）counts with the chorus

［1－8］$\square$ Cross／step L，Hold \＆drag，R Scissor step fwd turning 1／8 L，L fwd，R fwd，L fwd，Pivot 1／8 R， Cross／step L

Cross step left over right turning body slightly right，Hold and drag right towards left 12.00
$3 \& 4 \quad$ Step right to right side，Step left beside right turning $1 / 8$ turn left，Step right slightly forward 10.30

5－6 Step left forward，Step right forward 10.30
7\＆8 Step left forward，Pivot 1／8 turn right taking weight onto right，Cross／step left over right 12.00
［9－16］ D back， $3 / 8$ turn L，R shuffle fwd，L Mambo，Rock R back，Recover L
1－2 Step right back turning $1 / 8$ turn left 10．30，Turn $1 / 4$ turn left \＆step left forward 7.30
3\＆4 Step right forward，Step left beside right，Step right forward 7.30
5\＆6 Rock／step left forward，Recover weight back on right，Step left back 7.30
a7－8 Rock right back，Hold slightly looking over right shoulder，Recover weight onto left 7.30
（＊＊RESTART WITH SUBSTITUTE＊＊）
（Optional：7－8 Rock／step right back slightly looking over shoulder，Rock／recover left forward）
［17－24］$\square 3 / 8$ turn L with seep，Weave R，Cross／step R， $3 / 4$ turn R，Lunge L fwd，Step R back
1 Step right slightly forward turning $3 / 8$ turn left sweeping left foot back 3.00
2\＆3 Step left behind right，Step right slightly to right side，Cross／step left over right 3.00
$4 \quad$ Cross／step right over left 3.00
5\＆Turn $1 / 4$ turn right stepping left back 6.00 ，Turn $1 / 2$ turn right stepping right forward 12.00 ，
$6 \quad$ Lunge ball of left forward 12.00
7－8 Step right back，Step left back
［25－31］$\square L$ back， $1 / 4$ turn R，Point $L, 3 / 4$ turn L with sweep，Weave R，turn $1 / 8$ R \＆Rock R fwd，Recover $L$ pointing toe
\＆1 Turn a $1 / 4$ turn right stepping right slightly to right，Point left toe to left side 3.00
2－3 Turn $1 / 4$ turn left stepping left slightly forward 12.00 ，Turn a further $1 / 2$ turn left stepping right back sweeping left foot back 6.00
4\＆5 Step left behind right，Step right slightly to right，Cross／step left over right 6.00
6 a 7 Turn 1／8 turn right rocking right forward 7．30，Recover on left pointing right toe forward and off the ground，Hold 7.30
（Optional：7－8 Turn 1／8 turn right rocking right forward，Recover on left point right toe forward and off the ground）
［32－40］$\square$ Weave L turning 1／8 L，Turn 1／8 L \＆shuffle L fwd，R fwd，Rock L fwd，Recover R，L back dragging R
8\＆1 Step right behind left，Turn 1／8 turn left stepping left to left，Cross／step right over left 6.00
2\＆3
Turn 1／8 turn left stepping left forward，Step right beside left，Step left forward 4.30
4 Step right forward 4.30
5－6 Rock left forward rolling body forward，Recover weight back on right rolling body back 4.30
7－8 Step left back dragging right back，Continue dragging right 4.30
［41－48］R Reside L，L back，Rock R back，Recover L，Cross／step R，L scissor step， $1 / 4$ L R out，L out， $1 / 4$ L，

## Step L

\&1 Step right beside left, Step left slightly back 4.30
2-3
Rock/step right back, Recover weight onto left 4.30
4
Turn $1 / 8$ turn right cross/stepping right over left 6.00
5\&6
7\&
Step left to left side, Step right next to left, Cross/step left over right 6.00
Turn sharp $1 / 4$ turn left stepping right slightly back at right diagonal, Step left slightly to left side 3.00 (up on toes)
8\& Step right back and behind left turning $1 / 4$ turn left, Step left slightly to left side 12.00

## [49-56] Cross/step R, Rock L fwd, Recover R, L behind, Rock R to R, Recover L, Cross/step R spiral 1 ½ turns R <br> Cross/step right over left facing left diagonal 10.30 <br> Rock/step left forward facing diagonal, Recover weight back on right 10.30 <br> 4-5 Step left behind while straightening up to 12.00 wall, Rock/step right to right side 12.00 <br> 6-7 Recover weight onto left, Cross/step right over left and start $11 / 2$ spiral turn left on right foot <br> $8 \quad$ Continue $1 \frac{1}{2}$ spiral turn left on right foot 6.00 (left foot stays slightly cross in front during the spiral turn)

## RESTART

## Tags: -

End of Wall 1 - Facing Back Wall
1-2 Cross/rock left over right, Recover weight onto right
3-4 Rock left to left side, recover weight onto right
End of Wall 2 - Facing Front Wall
1-2 Hold for an additional 2 counts when spiral turn is completed, restart with vocals

## End of Wall 5 - Facing Back Wall

1-2 Hold for an additional 2 counts when spiral turn is completed, restart with vocals
Restart (**):
Wall 4 - Facing Front Wall
(After Left Mambo Step) Substitute counts a15-16 with:
\&7-8 Step right slightly back, Step left back dragging right towards left, Recover weight forward onto right

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