

End of the Tunnel

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Donna M. Ruane - January 2015
音樂: Neon Light - Blake Shelton



This is a varied-tempo dance and is intended to bring out your sassy and sexy. I would encourage you to put body rolls in your shuffles, attitude in your walk, slink while you sweep, and get as hippy as you would like. Enjoy and happy dancing!

Count in: After 40 counts, start on lyrics.

(1-8) STEP OUT, OUT. RIGHT BACK LOCK STEP. LEFT HIP BUMPS. RIGHT CROSS ROCK. TURN ¼.

- 1-2 Step right forward on right diagonal, step left to left side.
- 3&4 Step right back, slide/lock left across right, step back right.
- 5&6 Step left back on slight diagonal and bump left hip back, forward, back (weight on left).
- 7&8 Cross rock right over left, recover left, turn ¼ right and step right forward (3:00).

(9-16) STEP LEFT TURN ½, STEP LEFT. WALK RIGHT, LEFT. RIGHT FORWARD ROCK RECOVER, STEP BACK RIGHT. LEFT SWEEP, RIGHT SWEEP.

- 1&2 Step forward left, turn ½ right (weight on right), step left forward (9:00).
- 3-4 Step right forward, step left forward.
- 5&6 Rock right forward, recover left, step right back.
- 7-8 Sweep/step left back. Sweep/step right back.

(17-24) LEFT FORWARD SHUFFLE. RIGHT SIDE ROCK CROSS. LEFT TOE DIG, ARC STEP LEFT. RIGHT KICK, STEP, POINT.

- 1&2 Step left forward, slide right next to left, step forward left.
- 3&4 Rock right to right side, recover left, cross right over left (weight on right).
- 5-6 Dig left toe next to right, draw half circle/arc in front on floor (going from toe dig to your 9:00) and left heel down (weight on left).
- 7&8 Kick right forward, step right next to left, touch left to left side.

(25-32) LEFT CROSS SHUFFLE. STEP BACK RIGHT, STEP SIDE LEFT. RIGHT CROSS ROCK TWICE. RIGHT KICK, STEP, CROSS, HITCH.

- 1&2 Cross left over right, step right to right side, cross left over right.
- 3-4 Step right back, step left to left side.
- 5&6& Cross/rock right over left, recover left, cross/rock right over left, recover left (weight on left).
- 7&8& Kick right forward, step right next to left, cross left over right, hitch right.

(33-40) BACK RUMBA BOX. LOCK STEPS.

- 1&2 Step right to right side, step left next to right, step right back.
- 3&4 Step left to left side, step right next to left, step left forward.
- 5&6 Step right forward on right diagonal, slide/lock left behind right, step right forward.
- &7& Step left forward on left diagonal, slide/lock right behind left, step left forward on left.
- 8 Step right forward on diagonal.

(41-48) STEP LEFT BEHIND, STEP RIGHT TURN ¼, STEP LEFT FORWARD. FORWARD RIGHT ROCK RECOVER, TURN ½, STEP RIGHT. STEP LEFT TO LEFT SIDE. DRAG RIGHT INTO BACK ROCK RECOVER. RIGHT VINE WITH CROSS.

- 1&2 Step left behind right, turn ¼ right and step right forward, step left forward (12:00).
- 3&4 Rock right forward, recover left, turn ½ right and step right forward (6:00).
- 5 Step left to left side.
- 6& Drag right into back rock, recover left.

7&8& Step right to right side, step left behind right, step right to right side, cross left over right.

(49-56) FORWARD RUMBA BOX. BACK ½ TURN ROLLING HIP TRIPLES TWICE.

1&2 Step right to right side, step left next to right, step right forward.

3&4 Step left to left side, step right next to left, step left back.

5&6 Triple in place (right-left-right), turning ½ right (rotating hips to right twice) (12:00).

7&8 Triple in place (left-right-left) turning ½ right (rotating hips to right twice) (6:00).

(57-64) RIGHT SIDE ROCK BACK CROSS. LEFT SIDE ROCK BACK CROSS. ROLL SHOULDERS AND HIPS.

1&2 Rock right to right side, recover left, cross right behind left.

3&4 Rock left to left side, recover right, cross left behind right.

5-6 *□Step right to right side, hold (being rolling hips, up and down and simultaneously rolling shoulders back in circles and alternating shoulders moving forward and back).

7-8 *□Recover weight to left, hold (continue to roll hips and shoulders in same manner as previously). Weight on left.

***Your torso (really, your whole body) is meant to be engaged in these last movements. There is NOT a wrong way to do this, and your hips and shoulders need not be symmetric. If you would rather, you can simply do right and left hip bumps only, roll only your shoulders, do body rolls, roll and bumps right and left, or any combination of these, etc.**

TAG: After wall 1 (facing 6:00), one 16 count Tag.

(1-8) TOE-HEEL X3 MOVING FORWARD, HEEL SWIVELS. REPEAT.

1&2& Touch right toe forward, lower right heel, touch left toe forward, lower left heel.

3&4& Touch right toe forward, lower right heel, swivel heels right, swivel heels center (weight on right).

5&6& Touch left toe forward, lower left heel, touch right toe forward, lower right heel.

7&8& Touch left toe forward, lower left heel, swivel heels left, swivel heels center (weight on right).

(9-16) WALK BACK LEFT, RIGHT. LEFT BACK LOCK. STEP RIGHT, TOUCH LEFT TOE IN, OUT, IN. LEFT HEEL, TOE, HEEL, DRAG TOUCH RIGHT.

1-2 Step back left, step back right.

3&4 Step left back, slide/lock right in front of left, step left back.

5&6& Step right to right side, touch left next to right, touch left to left side, touch left to right.

7&8& Lower left heel and swivel left heel out, swivel left toes out, swivel left heel center (shift weight left), drag/touch right next to left.

ENDING: After 32 counts of wall 4 (facing 3:00)

1-2-3 Step right back, turn ¼ left and step left forward (12:00), step right forward.

Please do not alter this step sheet in any way. If you would like to use it on your website or make copies, it must be used in its original format. Contact the choreographer with any questions, druane1@comcast.net. [01/01/2015]
