

Burnin' It Down

COPPER KNOB
BY STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner / Improver
編舞者: Donna M. Ruane & Katherine J. Marshall - January 2016
音樂: Burnin' It Down - Jason Aldean : (Album: Old Boots, New Dirt)



Start dance 32 counts in. CW rotation

(1-8) STEP BACK AND TOUCH RIGHT AND LEFT, RIGHT BACK COASTER, LEFT SHUFFLE.

1-4 Step right back, touch left next to right, step left back, touch right next to left.
5&6 Step right back, step left next to right, step right forward.
7&8 Step left forward, slide right next to left, step left forward.

(9-16) STEP RIGHT FORWARD, TURN LEFT 1/4, CROSS/TOUCH ACROSS, TOUCH SIDE, HITCH, STEP, STEP LEFT FORWARD, TURN 1/2.

1-2 Step right forward, turn left 1/4 (weight on left).
3-4 Cross/touch right across left, touch right to right side.
5-6 Hitch right, step right next to left.
7-8 Step left forward, turn right 1/2 (weight on left).

(17-24) ROCK FORWARD, ROCK BACK, STEP RIGHT TO SIDE, STEP LEFT TO LEFT SIDE, TOUCH RIGHT NEXT TO LEFT, RIGHT KICK BALL CROSS, STEP RIGHT TO SIDE, DRAG LEFT.

1-2 In place, rock forward onto right, rock back onto left.
&3-4 Step right to right side, step left to left side, touch right next to left.
5&6 Kick right forward, step right ball, cross left over right.
7-8 Step right to right side, drag/touch left to right.

(25-32) FIGURE 8 HIP ROLL, BODY ROLL, DRAG LEFT IN FRONT OF RIGHT, SHIFT WEIGHT TO LEFT, POP RIGHT KNEE .

1-2 Step left forward on slight left diagonal, hold (roll hips left).
3-4 Hold for 2 count (roll hips right ending with weight on right. You will have completed a figure 8 with your hips).
5-6 Hold for 2 counts (body roll).
7-8 Drag/touch left over right (weight on right), lower left heel and pop right knee (weight on left and right toe).

Repeat.

Please do not alter this step sheet in any way. If you would like to use it on your website or make copies, it must be used in its original format. Contact the choreographer with any questions, druane1@comcast.net.