

Break Up

拍數: 128 牆數: 4 級數: Phrased Intermediate
編舞者: Donna M. Ruane & Katherine J. Marshall - November 2015
音樂: Break Up in a Small Town - Sam Hunt : (Album: Montevallo)



This is a 2-part dance with an easy 32 count intro and 2 easy 4 count tags on walls 2 (3:00) and 4 (12:00). Dance sequence is intro, AB, tag, AB, BBB, tag, B. Part A is 64 counts with some steps occurring with no melody, while Part B is a fairly easy 64 counts. The song has "heart beats" throughout the intro and in part A, and the steps/emphasis coincide with those "heart beats." Generally, holds in Part A, steps 9 to 48, exist on count 2 and/or 5 (i.e., count 1,3,4,6,7,8), which roughly coincides with the heartbeats. Special thanks to Elizabeth Smith - we can always "count" on you!!! Enjoy and happy dancing!

Count in: 12 counts. CCW rotation

INTRO – 32 counts

(1-8) RIGHT SIDE, LEFT BEHIND, RIGHT FORWARD, STEP LEFT FORWARD, TURN ½.

- 1-2 Step right to right side. Hold
- 3-4 Step left behind right, step right slightly forward.
- 5-6 Hold, hold.
- 7-8 Step left forward, turn ½ right (weight to right) (6:00).

(9-16) LEFT SIDE, RIGHT BEHIND, LEFT FORWARD, STEP RIGHT FORWARD, TURN ¼.

- 12 Step left to left side. Hold
- 3-4 Step right behind left, step left slightly forward.
- 5-6 Hold, hold.
- 7-8 Step right forward, turn ¼ left (weight on left) (3:00).

(17-24) RIGHT SIDE, LEFT BEHIND, RIGHT FORWARD, STEP LEFT FORWARD, TURN ½.

- 1-2 Step right to right side. Hold
- 3-4 Step left behind right, step right slightly forward.
- 5-6 Hold, hold.
- 7-8 Step left forward, turn ½ right (weight on right) (9:00).

(25-32) LEFT SIDE, RIGHT BEHIND, LEFT FORWARD, STEP RIGHT FORWARD, TURN ½.

- 1-2 Step left to left side. Hold.
- 3-4 Step right behind left, step left slightly forward.
- 5-6 Hold, hold.
- 7-8 Step right forward, turn ½ left (weight on left) (3:00).

PART A – 64 counts

(1-8) ¼ TURN VINE WITH ¼ TURN SCUFF. STEP LEFT PIVOT ½, STEP BACK LEFT TURNING ½, RIGHT SWEEP.

- 1-4 Turn ¼ left (12:00) and step right to side, step left behind right, turn ¼ right and step right forward (3:00), scuff left forward.
- 5-8 Step left forward, turn ½ right (weight to right), turn ½ right and step left back (3:00), sweep right front to back.

(9-16) STEP SWEEP TWICE, STEP RIGHT BACK. LEFT SIDE ROCK CROSS.

- 1-2 Step right back, hold.
- 3-4 Sweep left/step left back, sweep right/step right back.
- 5 Sweep left (front to side).
- 6-8 Rock left to left side, recover right, cross left over right (weight on left).

(17-24) FORWARD PRISSY STOMPS X3, SWEEP LEFT INTO LEFT ¼ TURN 3 COUNT JAZZ BOX.

- 1-2 Stomp lightly right forward. Hold
- 3-4 Cross stomp lightly left forward across right, cross stomp lightly right forward across left.
- 5 Turn ¼ left and sweep left back to front (12:00).
- 6-8 Cross left over right, step right back, step left to left side.

(25-32) STEP RIGHT. SLIDE/TOUCH LEFT TO RIGHT, TOUCH LEFT TO LEFT SIDE. SLIDE/TOUCH LEFT TO RIGHT. LEFT TOUCH FORWARD, LEFT STEP (STUTTER STEP).

- 1-2 Step right to right side. Hold
- 3-4 Slide/touch left next to right, touch left to left side.
- 5 Hold
- 6-8 Slide/touch left next to right, touch left forward on left diagonal, step left slightly forward.

(33-40) RIGHT LOCK ON DIAGONAL, STEP BACK LEFT TURNING ½, WALK BACK RIGHT, LEFT.

- 1-2 Turn 1/4 right and step right forward (1:30). Hold.
- 3-4 Slide/lock left behind right, step right forward.
- 5 Sweep left (back to front).
- 6-8 Turn ½ left and step left back (7:30), step right back, step left back.

(41-48) RIGHT BACK ROCK, RECOVER, TURN 1/2 LEFT, SWEEPING LEFT, INTO LEFT SAILOR.

- 1-2 Rock right back. Hold.
- 3-4 Turn 1/8 left and recover left (6:00), turn 1/2 left and step right back (12:00).
- 5 Sweep left (front to back).
- 6-8 Step left behind right, step right to right side, step left to left side.

(49-56) RIGHT DIAGONAL VINE WITH HITCH, LEFT DIAGONAL VINE WITH HITCH.

- 1-4 Turn 1/8 left and step right to right side (facing 10:30), step left behind right, step right to right side, turn ¼ right and hitch left (1:30).
- 5-8 Step left to left side, step right behind left, step left to left side, hitch right.

(57-64) STEP RIGHT TOUCH LEFT, STEP LEFT TOUCH RIGHT, STEP RIGHT TO RIGHT SIDE, POP SHOULDER RIGHT, POP SHOULDER LEFT, BODY ROLL.

- 1-4 Turn 1/8 left (12:00), step right to right side, touch left to right, step left to left side, touch right to left.
- 5-8 Step right to right side (lean right shoulder to right), hold (lean left shoulder to left), hold for 2 counts (upper body roll around to right).

PART B – 64 counts

(1-8) STEP RIGHT, LEFT TOGETHER, STEP RIGHT, LEFT TOUCH. STEP LEFT, RIGHT TOGETHER, STEP LEFT, RIGHT TOUCH.

- 1-4 Step right to right side (right toes turned out), step left next to right (right toes center), step right to right side (right toes turned out), touch left next to right (right toes center).
- 5-8 Step left to left side (left toes turned out), step right next to left (left toes center), step left to left side (left toes turned out), touch right next to left (right toes center).

(9-16) RIGHT ROCKING CHAIR. STEP RIGHT FORWARD, TURN LEFT ¼. SWAY RIGHT, SWAY LEFT.

- 1-4 Rock right forward, recover left, rock right back, recover left.
- 5-6 Step right forward, turn left ¼ (weight to left) (9:00).
- 7-8 Sway right, sway left (weight to left).

(17-24) CROSS RIGHT OVER LEFT, STEP LEFT, TURN ½ RIGHT, SIDE, CROSS, SIDE, LEFT DRAG/TOUCH. LEFT FORWARD SHUFFLE.

- 1-6 Cross right over left, step left to left side, turn right ½ (3:00) step right to right side, cross left over right, step right to right side, drag/touch left next to right.
- 7&8 Step left forward, slide right next to left, step left forward.

(25-32) RIGHT FORWARD ROCK, RECOVER, TURN ½ RIGHT. HOLD. FULL TURN, HOLD.

- 1-4 Rock right forward, recover left, turn right $\frac{1}{2}$, step right forward, hold. (9:00)
5-8 Turn $\frac{1}{4}$ right and step left forward, turn $\frac{1}{2}$ right and step right forward, turn $\frac{1}{4}$ right and step left forward, hold (9:00).

(33-40) SIDE MAMBOS RIGHT AND LEFT.

- 1-4 Rock right to right side, recover left, step right next to left, hold.
5-8 Rock left to left side, recover right, step left next to right, hold.

(41-48) V STEP, KNEE/BOOTY POP RIGHT AND LEFT.

- 1-4 Step right forward on right diagonal, step left to left side, step right back home, step left next to right (weight on left).
5-6 Hold 2 counts (slowly pop right knee forward as you push your booty back).
7-8 Hold 2 counts (change weight to right, slowly pop left knee forward as you push your booty back). (Change weight to left).

(49-56) CROSS-BACK, BACK-CROSS, BACK, BACK, CROSS-BACK (TRAVELING BACK).

- 1-8 Cross right over left, step left back, step right back, cross left over right, step right back, step left back, cross right over left, step left back.

(57-64) LEFT $\frac{1}{4}$ TURN, ROCK RECOVER TWICE. RIGHT $\frac{1}{4}$ TURN, STOMP RIGHT, HOLD, STOMP LEFT HOLD.

- 1-4 Turn $\frac{1}{4}$ left (6:00), rock right forward, recover left, rock right forward, recover left.
5-6 Turn $\frac{1}{4}$ right (9:00), stomp right forward, hold.
7-8 Stomp left to left side, hold.

TAG (1-4): SWAY RIGHT, HOLD. SWAY LEFT, HOLD.

Sequence, AB tag (wall 2 - 3:00) ABBBB tag (wall 4 - 12:00) B

- 1-2 Sway right, hold.
3-4 Sway left, hold.

ENDING: On 6th time through Bs, dance through count 58, turn $\frac{1}{2}$ right and step right forward (12:00).

Please do not alter this step sheet in any way. If you would like to use it on your website or make copies, it must be used in its original format. Contact the choreographer with any questions, druane1@comcast.net.
