

Me Against The Music

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Beginner - Bollywood
編舞者: Anthony Kusanagi (INA) - January 2016
音樂: Me Against the Music (Rishi Rich's Desi Kulcha Remix) (feat. Madonna) - Britney Spears



Intro: start dancing after 72 counts since the music has begun.

I. OUT-IN STEP - MODIFIED OUT-IN STEP

1-2 R step forward diagonally to right, L step forward diagonally to left
3-4 R step backward diagonally inward, L step next to R
5-6 R step forward diagonally to right, L step forward diagonally to left
7-8 Turn 1/4 to left and R step backward (09.00), L step next to R

II. HIP UP AND DOWN

&1 R touch slightly to side on ball and R hip up, R hip down
&2 R hip up, R hip down
&3 R hip up, R hip down
&4 R hip up, R hip down
&5 R hip up, R hip down
&6 R hip up, R hip down
&7 R hip up, R hip down
&8 R hip up, R hip down

III. PADDLE

1-2 R step to side, recover to L
3-4 Turn 1/4 to left and R step to side (06.00), recover to L
5-6 Turn 1/4 to left and R step to side (03.00), recover to L
7-8 Turn 1/4 to left and R step to side (12.00), recover to L

IV. OUT-OUT STEP - DOUBLE OUT STEP TO RIGHT - OUT-OUT STEP - DOUBLE OUT STEP TO LEFT

1-2 R step slightly forward diagonally to right, L step forward diagonally to left
3&4 R step outward, recover to L, R step outward
5-6 L step slightly forward diagonally to left, R step slightly forward diagonally to right
7&8 L step outward, recover to T, L step outward

V. HEEL - TOUCH - HEEL - CROSS - HEEL - TOUCH - HEEL - CROSS

1-2 R touch to side on heel, R touch next to L
3-4 R touch to side on heel, R cross slightly in front of L with a little jump
5-6 L touch to side on heel, L touch next to R
7-8 L touch to side on heel, L cross slightly in front of R with a little jump

VI. FORWARD MAMBO - INPLACE STEP - MODIFIED FORWARD MAMBO - INPLACE STEP

1-2 R step forward, recover to L
3-4 R step next to L, L step next to R
5-6 R step forward, recover to L
7-8 Turn 1/4 to right and R step to side (03.00), L step next to R

VII. HEEL - TOUCH - HEEL - CROSS - HEEL - TOUCH - HEEL - CROSS

1-2 R touch to side on heel, R touch next to L
3-4 R touch to side on heel, R cross slightly in front of L with a little jump
5-6 L touch to side on heel, L touch next to R

7-8 L touch to side on heel, L cross slightly in front of R with a little jump

VIII. FORWARD MAMBO - INPLACE STEP - MODIFIED FORWARD MAMBO - INPLACE STEP

1-2 R step forward, recover to L

3-4 R step next to L, L step next to R

5-6 R step forward, recover to L

7-8 Turn 1/4 to right and R step to side (06.00), L step next to R

TAG/RESTART: There is a Restart on wall 5th. Dance normally until count 46 (sec: 6, count:6) then do the change below for the Restart:

SECTION VI:

7-8 R step next to L, L step next to R (12.00)

Contact: anthonymld.ina@gmail.com
