

# Jumpin' in the Morning

COPPER KNOB  
BY STEPHEN

拍數: 96      牆數: 4      級數: Intermediate  
編舞者: Rob Fowler (ES) - January 2016  
音樂: Jumping In the Morning - Jools Holland & Ruby Turner



**Intro: 48 (approx. 17 secs) BPM: 192 (approx.) No Tags Or Restarts**

**Sec 1: Kick R, Step R, Kick L, Step L, Scuff R, Hitch R, Step Back R, Hold**

1-2            Kick R fwd, step R next to L  
3-4            Kick L fwd, step L next to R  
5-6            Scuff R fwd, hitch R knee  
7-8            Step back R, hold (12 o'clock)

**Sec 2: L Coaster Step, R Point Fwd, Hold, Step Back R, Hold**

9-10           Step back L, step R next to L  
11-12          Step fwd L, hold  
13-14          Point R toe fwd, hold  
15-16          Step back R, hold

**Sec 3: L Coaster Step, Hold, Step 2 x ½ Turns L, Hold**

17-18          Step back L, step R next to L  
19-20          Step fwd L, hold  
21-22          Step fwd R, make ½ turn L  
23-24          Make ½ turn L step back R, hold

**Sec 4: Back Clap x 2, L Coaster Step, Hold**

25-26          Step back L, touch R next to L and clap  
27-28          Step back R, touch L next to R and clap  
29-30          Step back L, step R next to L  
31-32          Step fwd L, hold

**Sec 5: Step R, Lock L, Step R, Brush L, Step L, Lock R, Step L, Brush R**

33-34          Step fwd R to R diagonal, lock L behind R  
35-36          Step fwd R to R diagonal, brush L  
37-38          Step fwd L to L diagonal, lock R behind L  
39-40          Step fwd L to L diagonal, brush R

**Sec 6: Slow Jazz Box ¼ Turn R**

41-42          Cross R over L, hold  
43-44          Step back L, hold  
45-46          Make ¼ turn R, hold  
47-48          Step L next to R, hold (3 o'clock)

**Sec 7: R Heel Grind, Rock Step, Kick R, Step R, Point L, Clap**

49-50          R heel grind slightly crossing over L (R toe pointing L, turning to R, weight back on L)  
51-52          Rock back diagonal R on R, recover on L  
53-54          Kick R diagonally across L, step on R  
55-56          Point L to L side, clap hands

**Sec 8: L Heel Grind, Rock Step, Kick L, Step L, Point R, Clap**

57-58          L heel grind slightly crossing over R (L toe pointing R, turning to L, weight back on R)  
59-60          Rock back diagonal L on L, recover on R

61-62 Kick L diagonally cross R, step on L  
63-64 Point R to R side, clap hands

**Sec 9: Weave Behind, Side L, Cross R, Brush L, Side L, Touch R, Side R, Kick L**

65-66 Step R behind L, step L to L side  
67-68 Cross R over L, brush L  
69-70 Step L to L side, touch R next to L  
71-72 Step R to R side, kick L to L

**Sec 10: Weave Behind, Side R, Cross L, Brush R, Side R, Touch L, Side L, Kick R**

73-74 Step L behind R, step R to R side  
75-76 Cross L over R, brush R  
77-78 Step R to R side, touch L next to R  
79-80 Step L to L side, kick R to R

**Sec 11: Back R, Kick L, Back L, Kick R, R Coaster Step, Hold**

81-82 Step R behind L, kick L to L  
83-84 Step L behind R, kick R to R  
85-86 Step back R, step L next to R  
87-88 Step fwd R, hold

**Sec 12: Step L, ½ Turn R, Step L, Hold, Run R,L,R,L**

89-90 Step fwd L, make ½ turn R  
91-92 Step fwd L, hold  
93-96 Run fwd R,L,R,L (9 o'clock)

**START OVER**

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