

# Rest Your Love!!

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Alexis Strong (UK) & Laura Sway (UK) - January 2016  
音樂: Rest Your Love - The Vamps



## Start In Vocals

### [1-8] V STEP DIAGONAL FORWARD, RIGHT ROCK BACK RECOVER, CHASSE RIGHT, LEFT CROSS LEFT ROCK RECOVER.

1-2            Step R Diagonal Forward (1) , Step L Diagonal Forward (2)  
3-4            Rock Back On R (3) Recover Forward On L (4)  
5&6           Step R To R (5) Step L Together (&) Step R To R (6)  
7-8            Cross L Over R (7) Recover Back On R (8) FACING 9.00

### [9-16] LEFT CHASSE 1/4 TURN LEFT, FORWARD RIGHT TOE STRUT, 1/2 TURN RIGHT, 1/2 TURN RIGHT, STEP FORWARD LEFT, HITCH RIGHT.

1&2            Step L To L (1) Step R Together (&) Step 1/4 Turn L On L (2)  
3-4            Right Toe Forward (3) Step R Down (4)  
5-6            1/2 Turn R Step On L (5) 1/2 Turn R Step On R (6)  
7-8            Step Forward L (7) Hitch R (8) FACING 9.00

### [17-24] STEP R SIDE HOLD & SIDE TOUCH, STEP L SIDE HOLD & SIDE TOUCH.

1-2&3-4        step R to R side (1) hold (2) step L to R (&) step R to R side (3) touch L beside R (4)  
5-6&7-8        step L to L side (5) hold (6) step R to L (&) step L to L side (7) touch R beside L (8)

### [25-32] ROCKING CHAIR, STEP PIVOT ¼ , CROSS POINT.

1-2            Rock forward on the R (1) recover weight onto L (2)  
3-4            Rock back on the R (3) recover weight into L (4)  
5-6            Step forward on the R (5) pivot ¼ turn L ( 6.00) (6),  
7-8            cross R over L (7) point L to L side (8)

### [33-40] CROSS LEFT BEHIND RIGHT, POINT RIGHT TO RIGHT, CROSS RIGHT BEHIND LEFT, POINT LEFT TO LEFT SIDE, LEFT SLOW COASTER STEP, SCRUFF RIGHT FORWARD.

1-2            Cross L Behind R (1) Point R to R (2)  
3-4            Cross R Behind L (3) Point L To L (4)  
5-6            Step L Back (5) Step R Back (6)  
7-8            Step L Forward (7) Scuff R Forward (8)

### [41-48] SHUFFLE RIGHT FORWARD, LEFT PIVOT 1/2 TURN, LEFT SHUFFLE FORWARD, RIGHT PIVOT 1/4 TURN.

1&2            Step R Forward (1) Step L Together (&) Step R Forward (2)  
3-4            Step L Forward (3) Make 1/2 Pivot Turn To R, Weight On R (4)  
5&6            Step L Forward (5) Step R Together (&) Step L Forward (6)  
7-8            Step R Forward (7) Make 1/4 Turn L, Step On L (8) 9.00

### [49-56] CROSS BACK & CROSS POINT RIGHT, RIGHT SAILOR STEP, LEFT BACK ROCK

1 2 &3 4        cross right over left (1) step back on the left (2) step onto right (&) cross left over right (3)  
point right to right side (4)  
5&6            step right behind left (5) step left in place (&) step right to right side (6)  
7 8            rock back on the left (7) recover weight onto right (8)

### [57-64] LEFT FORWARD ROCK RECOVER ON RIGHT, TOUCH LEFT TOE BEHIND RIGHT, UNWIND 1/2 TURN, RIGHT JAZZ BOX CROSS

1-2 Rock L Forward (1) Recover On R (2)  
3-4 Touch L Behind R (3) Unwind 1/2 Turn L, Weight On L (4)  
5-6 Cross R Over L (5) Step L Back (6)  
7-8 Cross R Over L (8) 3.00

**Tag during wall 3 after count 4 add**

1-2 Step Right Side (1) Touch Left To Right  
3-4 Step Left Side (3) Touch Right To Left.

**Then Start again**

**Enjoy!!**

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