

Sevens (寂寞心) (zh)

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Jan Wyllie (AUS)
音樂: Seven Lonely Days - Patsy Cline : (The Patsy Cline Story)



第一段

- 1-2 Touch right heel forward, touch right toe back
右足踵前點, 右足趾後點
- 3-4 Heel strut forward on right 右足趾前點, 右足踵踏
- 5-6 Touch left heel forward, touch left toe back
左足踵前點, 左足趾後點
- 7-8 Heel strut forward on left 左足趾前點, 左足踵踏

第二段

- 9-10 Touch right heel forward, hold 右足踵前點, 候
- 11-12 Touch right toe back, hold 右足趾後點, 候
- 13-14 Touch right heel forward, touch right toe beside left
右足踵前點, 右足趾併點
- 15-16 Touch right toe to right side, touch right toe behind left (or slap behind) 右足趾右點, 右足趾後點

第三段

- 17-18-19-20 Step right to right, step left behind right, step right to right, touch left beside right 右足右踏, 左足於右足後踏, 右足右踏, 左足併點
- 21-22 Step left to left, touch right beside left 左足左踏, 右足併點
- 23-24 Step right to right, touch left beside right 右足右踏, 左足併點

第四段

- 25-26 Step left to left, step right behind left
左足左踏, 右足於左足後踏
- 27-28 Making $\frac{1}{4}$ turn left step forward on left, scuff right forward
左轉90度左足前踏, 右足前擦踢
- 29-30-31-32 Strut forward right, left
右足踵前點, 右足踵踏, 左足踵前點, 左足踵踏