

I Got Your Fix

COPPER KNOB
BY STEPHEN BERTS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Angela LaBarbera, Cheryl Bingham (USA) & A. J. Herbert (USA) - December 2015
音樂: Fix - Chris Lane



Begin 16 counts after the music starts (on the heavy downbeat)

[1-8] □ L STEP-SWEEP, R STEP-SWEEP, L CROSS, R STEP BACK, L COASTER

1,2 L step forward (1), R sweep forward across L (2)
3,4 R step forward (3), L sweep forward across R (4)
5,6 L step across R (5), R step back (6)
7&8 L step back (7), R step next to L (&), L step forward (8)

[9-16] □ R STEP-SWEEP, L STEP-SWEEP, R CROSS, L STEP BACK, R COASTER

1,2 R step forward (1), L sweep forward across R (2)
3,4 L step forward (3), R sweep forward across L (4)
5,6 R step across L (5), L step back (6)
7&8 R step back (7), L step next to R (&), R step forward (8)

[17-24] □ L HIP BUMPS, R HIP BUMPS, L ROCK-RECOVER, L COASTER CROSS

1&2 L touch forward, bumping hips left (1), hip bump right (&), L step down bumping hips left (2)
3&4 R touch forward, bumping hips right (3), hip bump left (&), R step down □ bumping hips right (4)
5,6 L rock-step forward (5), R recover (6)
7&8 L step back (7), R step next to L (&), L step across R (8)

[25-32] □ R SCISSOR, L SCISSOR, R SIDE ROCK-RECOVER, 1/4 LEFT VINE

1&2 R step side right (1), L step beside R (&), R step across L (2)
3&4 L step side left (3), R step beside L (&), L step across R (4)
5,6 R rock-step side right (5), L recover (6)
7&8 R step behind L (7), L step forward turning 1/4 left (&), R step forward right (8)

ENJOY!

Contact: theherberts@earthlink.net