

Mamma Mia (He's Italiano)

COPPERKNOB
BY STEPSHEETS

拍數: 64 牆數: 2 級數: Beginner
編舞者: Montse Garres (ES) - January 2016
音樂: Mamma mia (He's italiano) (feat. Glance) - Elena



Translation by: Miguel Ángel Sanjuán "Wild West LD&CWD"

[1-8]: □ TOGETHER SIDE RIGHT, RIGHT SIDE CHASSE, CROSS ROCK TO LEFT, LEFT SIDE CHASSE.

1-2 Step R to R side, R beside L together.
3 & 4 Step R to R side, R beside L together and opened R to R.
5-6 Cross L over right (Rock recover).
7 & 8& Step left to left, R together L and step L to L &

[9-16]: □ WEAVE TO THE LEFT, ½ TURN LEFT X2 (MILITARY TURN).

9-10 Cross R over L , step L to the LL.
11-12 Cross R behind L, step L to L side.
13-14 Step R forward, turn ½ turn L.
15-16 Step R forward, turn ½ turn L.

[17-24]: □ TOGETHER SIDE RIGHT, RIGHT SIDE CHASSE, CROSS ROCK TO LEFT, LEFT SIDE CHASSE.

17-18 Step R to R side, R beside L together.
19-20 Step R to R side, R beside L together and opened R to R.
21-22 We cross L over R, return weight (Rock recover).
23-24 & Step L to L , R together L and step L to L &

[25-32]: □ WEAVE TO THE LEFT, ½ TURN LEFT X2 (MILITARY TURN).

25-26 Cross R over L , step L to the L.
27-28 Cross R behind L, step L to L side.
29-30 Step R forward, turn ½ turn L.
31-32 Step R forward, turn ½ turn L.

[33-40]: CHASSE RIGHT SIDE, CHASSE LEFT SIDE, TOUCH RITGH & HIP BUMP FORWARD, TOUCH LEFT FORWARD & HIP BUMP.

33 & 34 Step R with R , L together beside R and opened R to R.
& 35-36 Step L with L , R together next to L and L open L .
37-38 Touch tip straight ahead and lift R hip up (Bump) .
39-40 Touch forward with L tip and lift L hip up (Bump).

[41-48]: CHASSE SIDE RIGHT, LEFT SIDE CHASSE, TOE TOUCH RITGH & HIP BUMP FORWARD, FORWARD LEFT TOE TOUCH & HIP BUMP.

41 & 42 Step R with R , L together beside R and opened R to R.
43 & 44 Step L with L , together R next to L and R to L open.
45-46 Touch tip straight ahead and lift R hip up (Bump) .
47-48 Touch forward with L and hit with L hip up (Bump) tip.

[49-56]: JAZZ BOX LEFT, RIGHT SHUFFLE FORWARD, LEFT SHUFFLE FORWARD

49-50 Cross R over L , step back L .
51-52 Step R to R side, together L to R side.
53-54 Step R forward, L together beside R, step R forward.
55-56 Step L forward, R together the L and step L forward.

[57-64]: SIDE POINT RIGHT & LEFT SWITCHES X2, RIGHT TOE BACK, ½ TURN RIGHT, DOWN & UP

57 & 58 Point R to R side, point L to L .

59 & 60 Point R to R side, point L to L .
61-62 Mark R toe back, turn ½ turn R.
63-64 Lower bending the knees, to regain the position. (6:00)

RESTART: Behind the 5th Wall "TOUCH TOE LEFT FORWARD & BUMPS".

START AGAIN HAPPY DANCING - No Tags

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