

Long Sermon

拍數: 64 牆數: 4 級數: Improver
編舞者: Marie Sørensen (TUR) - January 2016
音樂: Long Sermon - Brad Paisley



Intro: 96 Counts

S1: POINT, TOUCH, HEEL, HOOK, LOCK STEP, HOLD

1-2 Point Right to Right side, touch Right beside Left
3-4 Tap Right heel fwd. hook Right in front of Left
5-6 Step fwd. Right, lock Left behind Right
7-8 Step fwd. Right, hold (12:00)

S2: STEP 1/4 TURN R, CROSS, HOLD, VINE, CROSS

1-2 Step fwd. Left, ¼ turn Right (Weight on Right)
3-4 Cross Left in front of Right, hold & clap
5-6 Step Right to Right side, cross Left behind Right
7-8 Step Right to Right side, cross Left in front of Right (03:00)

Restart the dance at this point during wall 3 - Facing 09:00

S3: POINT, TOUCH, HEEL, HOOK, LOCK STEP, HOLD

1-2 Point Right to Right side, touch Right beside Left
3-4 Tap Right heel fwd. hook Right in front of Left
5-6 Step fwd. Right, lock Left behind Right
7-8 Step fwd. Right, hold (3:00)

S4: STEP 1/4 TURN R, CROSS, HOLD, VINE, CROSS

1-2 Step fwd. Left, ¼ turn Right (Weight on Right)
3-4 Cross Left in front of Right, hold & clap
5-6 Step Right to Right side, cross Left behind Right
7-8 Step Right to Right side, cross Left in front of Right (06:00)

S5: ROCK FWD. RECOVER, SIDE ROCK, RECOVER, BEHIND, SIDE, CROSS, HOLD

1-2 Rock fwd. right, recover
3-4 Rock right to right side, recover

Restart the dance at this point during wall 7 - Facing 06:00

5-6 Cross right behind left, step left to left side
7-8 Cross right over left, hold (06:00)

S6: SIDE, TOUCH, SIDE, TOUCH, RHUMBA L. HOLD

1-2 Step left to left side, touch right beside left
3-4 Step right to right side, touch left beside right
5-6 Step left to left side, step right next to left
7-8 Step fwd. left, hold (06:00)

S7: RHUMBA, LOCK STEP BACK, HOLD

1-2 Step right to right side, step left beside right
3-4 Step back on right, hold
5-6 Step back on left, lock right in front of left
7-8 Step back on left, hold (06:00)

S8: BACK ROCK, RECOVER, STEP FWD. HOLD, STEP 1/4 TURN, CROSS, HOLD

1-2 Back rock right, recover

3-4 Step fwd. right, hold
5-6 Step fwd. left, 1/4 turn right (Weight on right)
7-8 Cross left over right, hold (09:00)

RESTART 1: During wall 3, after 16 counts, facing 09:00

RESTART 2: During wall 7, after 36 counts, facing 06:00

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No changes in the stepsheet allowed, without the choreographers permission.

Have Fun!

Contact: sunshinecowgirl1960@gmail.com - Website: www.sunshine-cowgirl-linedance.dk
