

You Messed Up

拍數: 32 牆數: 2 級數: High Intermediate
編舞者: Jannie Tofte Stoian (DK) - January 2016
音樂: That's How You Know (feat. Kid Ink & Bebe Rexha) - Nico & Vinz : (Clean - iTunes)



Intro: □ 16 counts (app. 9 sec. into song)

Restart: □ 1 Restart on wall 8 after count 16. See bottom for details.

Note: □ Feel free to use the “not clean” version. I actually like that one better but decided to behave

[1-8] □ Walk x2, Anchor Step sweep, Behind side cross, Scissor step □

1-2 Walk R, L □ 12:00
3&4& Step R behind L (3rd position), step down on L, step down R, step down on L (knead the floor) □ 12:00
5 Step down on R, sweeping L from front to back □ 12:00
6&7 Cross L behind R, step R to R side, cross L over R □ 12:00
&8& Step R to R side, close L next to R, cross R over L □ 12:00

[9-16] □ ¼ R Pencil turn, Cross rock, Side Rock, Cross ¼ L, Sweep ¼ L, Behind side cross, Side rock cross □

1 Touch L next to R, turning ¼ R □ 03:00
2&3& Cross rock L over R, recover onto R, rock L to L side, recover onto R □ 03:00
4&5 Cross L over R (4), turn ¼ L stepping R back and sweeping L front to back (&), continue sweeping L while turning another ¼ L on your R foot □ 09:00
6&7 Cross L behind R, step R to R side, cross L over R □ 09:00
&8& Rock R to R side, recover onto L, cross R over L □ 09:00

[17-24] □ Point, ¼ R flick, Rock step, Ball step ½ L with hip roll, touch x2 □

1-2 Point L to L side, Flick L up while turning ¼ R on your R foot □ 12:00
3-4 Rock L fw, recover onto R, □ 12:00
&5-6 Step L next to R Step R fw, turn ½ L while rolling hip ccw sitting down on your R hip (weight stays R) □ 06:00
&7&8 Step L slightly back, touch R fw (knee bent), step R slightly back, touch L fw (knee bent) 06:00

[25-32] □ Ball step, Scuff hitch place, Swivel, Chest pop, Syncopated locksteps □

&1 Step down on L, step R fw □ 06:00
2&3 Scuff L, hitch L, place L foot fw □ 06:00
&4 Swivel L heel to L side, swivel back to centre (weight stays R) □ 06:00
&5 Pop chest fw, return to centre □ 06:00
&6&7 Step L next to R, step R fw and slightly diagonal R, lock L behind R, step R fw □ 06:00
&8& Step L fw and slightly diagonal L, lock R behind L, step L fw □ 06:00

Restart: □ On wall 8 (start facing 06:00) – after 14 counts – then alter the last 2 counts □

6&7 Cross L behind R, step R to R side, cross L over R □ 03:00
&8 Step R to R side, turn ¼ L stepping L next to R – begin the dance again □ 12:00

No ending needed. The dance finishes facing 12 o'clock
Good luck & enjoy!

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