

Hit The Road Jack

COPPER KNOB
BY STEPHEN HETS

拍數: 64 牆數: 4 級數: Easy Intermediate
編舞者: Lorraine Shelton (AUS) & Anne Herd (AUS) - January 2016
音樂: Hit the Road Jack - Hermes House Band : (CD: Greatest Hits - iTunes - 3:12)



Intro: 32 beats in weight on L - Dance moves ¼ CCW

S1: DIAGONAL STEP WITH HOLDS, ½ TURN, WALK, FORWARD, HOLD

1-2-3-4 Step R slightly forward on the diagonal, Hold, Step L slightly forward on the diagonal, Hold
5-6-7-8 Turn ½ R, Walk forward R L, R, Hold

S2: DIAGONAL STEP WITH HOLDS, ¾ TURN, ROCK/REPLACE, HOLD

1-2-3-4 Step L forward slightly on the diagonal, Hold, Step R slightly forward on the diagonal, Hold
5-6-7-8 Turn ½ L stepping forward on L, Turn further ¼ L, Rock R to side, Recover to L, Hold

S3: CROSS ROCK, SIDE ROCK. BACK ROCK. HOLD (QUAD ROCKER)

1-2-3-4 Cross Rock R over L, recover to L, Rock R to side, Recover to L
5-6-7-8 Rock back on R, Recover to L, Step R to side, Hold

S4: CROSS ROCK, SIDE ROCK, BACK ROCK, HOLD (QUAD ROCKER)

1-2-3-4 Cross Rock L over R, recover to R, Rock L to side, Recover to R
5-6-7-8 Rock back on L, Recover to R, Step L to side, Hold

S5: STEP, HEEL SWIVELS (CRAB STEP) WITH TOUCHES

1-2-3-4 Step R on the diagonal as you swivel L foot in towards R, Heel, Toe, Touch L beside R.
(Keep weight on R)
5-6-7-8 Step L on the diagonal as you swivel R foot in towards L, Heel. Toe, Touch R beside L
(Keep weight on L)

S6: BACK TOUCHES ¼ TURN, SIDE TOUCHES

1-2-3-4 On the diagonal, Step back on R, Touch L beside R, On the diagonal, Step back on L, Touch
R beside L
5-6-7-8 Turn ¼ R, Step R to side, Touch L beside R. Touch L beside R, Step L to side, Touch R
beside L

S7: VINE ¼ TURN, SCUFF, PIVOT ½, STEP, HOLD

1-2-3-4 Step R to side, Cross L behind R, Turn ¼ R, Scuff L forward
5-6-7-8 Step forward on Pivot ½ R, Step forward on L, Hold

S8: RIGHT AND LEFT STEP HIP BUMPS, HITCH

1-2-3-4 Step R on the diagonal as you bump hips RLR, Hitch L knee
5-6-7-8 Step L on the diagonal as you bump hips LRL, Hitch R knee

[64] Begin again

TAG: At the end of wall 2 add the following 8 count Tag:

PIVOT ½, STEP HOLD, PIVOT ½ STEP, HOLD

1-2-3-4 Step forward on R, Pivot ½ L, Step forward on R, Hold
5-6-7-8 Step forward on L, Pivot ½ R, Step forward on L, Hold

RESTART: □ On wall 6 dance to count 16 and restart dance