

My CNY Dance 2016

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 1 級數: Improver
編舞者: Nancy Lee (MY) - January 2016
音樂: Bai Nian Ge (拜年歌) - Tsui Ping (崔萍)



Intro : 16 Count (approximate 0.18)

(Pls refer to my dance demo on YouTube for hand styling or you may create your own)

Section 1: [1-8] Right Jazz box with cross, Right Rocking Chairs (12:00)

1-4 R Jazz Box with cross L over R
5-8 R rocking chairs

Section 2: [9-16] Right Jazz box with cross, Right Rocking Chairs (12:00)

1-4 R Jazz Box with cross L over R
5-8 R rocking chairs

Section 3: [17-24] Syncopated Rocking Chairs, R step together L , L Point Out, In , L Step to L Side, Touch R (12:00)

1&2&3&4 R Rock Fwd(1),Recover on L (&), R Rock Back (2), Recover on L (&), R Rock Fwd (3),
Recover On L (&), Step R together L (4)
5-6 Point L To L (5), Touch L beside R (6)
7-8 Step L to L side, Touch R beside L

Section 4: [25-32] R Rolling Vine With Point L, Cross Step L, Sweep R , Cross Step R, Sweep L (12:00)

1-4 R Rolling Vine with Point L to L
5-6 Cross Step L over R (5) , Sweep R (6)
7-8 Cross Step R over L (7), Sweep L (8) (weight on R)

Section 5: [33-40] L Fwd, Touch R, 1/4 Turn L, Step R ,Touch L, L Large Step, R Cross Kick, R Side Kick, R Touch Beside R

1-2 L Step Fwd, touch R beside L
3-4 ¼ turn L , Step R to R, touch L beside R (9:00)
5-8 L Large step to L (5), R Cross Kick (6), R Side Kick(7), R touch beside L (8)

Section 6: [41-48] R Step to R, Touch L, ¼ Turn L, L Fwd, Touch R, R Step To R, L Cross Kick, L Side Kick , Touch L (6:00)

1-2 R Large Step to R, Touch L beside R (9:00)
3-4 ¼ Turn L, L Step Fwd, Touch R beside L (6:00)
5-8 R Large step to R (5), L Cross Kick (6), L Side Kick (7), L touch beside R (8) (6:00)

Section 7: [49-56] L Shuffle Fwd , R Shuffle Fwd, L Rock Fwd, Recover R, ½ Turn L, Step L Fwd, R Spiral Full Turn L (12:00)

1&2 L Shuffle Fwd
3&4 R Shuffle Fwd
5-6 L Rock Fwd, Recover R
7-8 ½ Turn L, Step L Fwd (7), R Spiral Full Turn L (8) (weight on R) (12:00)

Section 8: [57-64] L Cross , Sweep R, R Cross , Sweep L, L Jazz Box , Touch R

1-2 L Cross Step, Sweep R
3-4 R Cross Step , Sweep L
5-8 L Jazz Box , touch R beside L (12:00)

Happy CNY !!!

For Song & Step sheet, please contact: Email : swan9198@gmail.com
